

Community Quarterly

Summer 2020

35,245 Delivered by US Mail ~ Serving Green Valley, Sahuarita, & Tubac

Volume 11, Issue 3

Local Businesses Spring Back to Life After COVID Shutdown!!

Written by Susan Stein Kregar

Normally abuzz with winter and year-round residents, nearly everything came to a standstill this past spring due to the COVID outbreak. Some winter residents headed home early while year-round residents and remaining visitors self isolated per the directive. Not knowing how long it would last, some business owners were not sure their business would survive.

“Being a retirement community, COVID has a heavy impact on the senior population which does not make it easier on businesses,” said Randy Graf, president and CEO, Green Valley/Sahuarita Chamber of Commerce.

The Chamber focused on helping its 400 members survive by navigating the Payroll Protection Program (PPP) process, offering business advice, and pushing for clarity from government officials about reopening.

An early May survey of its members revealed that unless they received funding survival would become a problem:

- 40% that applied PPP received funds.
- 25% could not survive past May 15

- 25% could not survive past June 1
- \$90,000 was the average loss of revenue

“One large business reported a loss of \$500,000, said Graf. “I haven’t heard yet of any business that has closed their doors.”

Talk of the Town, a full-service salon with 17 stylists closed April 4, not knowing when they would come back. “It was really stomach-turning. It weighed on me knowing this would be a financial hardship for them,” said owner Jen Nash.



Masks are a must!

CROSSWORD PUZZLE MANIA



Sponsored by La Posada ... Live Well at La Posada

Win \$500.00

If you love Crossword Puzzles you will love this contest! See the Crossword Puzzle inside the July Quarterly for rules and entry information. No purchase necessary.



Left to Right: PJ Watson, Marina Álvarez, Marlene Downes & Jen Nash

Safety glass to prevent COVID 19 Spread



Safety glass for everyone's protection



Located at every door for all clients & staff



POSTAL CUSTOMER ECRWSS

Alta Mira Dental Clinic

DENTISTRY FOR THE ENTIRE FAMILY — EXAMS, X-RAYS, & CLEANINGS

ALL CDC GUIDELINES ARE FOLLOWED FOR EVERYONE'S SAFETY AND PROTECTION



Restore Missing Teeth With:

Dental Implants • Dental Bridges • Dentures

Restorative Dentistry:

Natural Color Match Fillings • Crowns
Root Canal Treatment

Cosmetic Dentistry:

Braces • Veneers • Teeth Whitening



FREE EXAM

Not valid with other offers. One coupon per customer.
Expires 9/30/20

KGVY CQ3

20% OFF Total Bill

Not valid with other offers. One coupon per customer.
Expires 9/30/20

KGVY CQ3

1325 W. Duval Mine Rd. Suite #179
Green Valley, AZ • (520) 867-6406

Open Monday thru Friday 9AM-3PM • Saturday by Appointment



elect

Legislative District 2 House

Andrea Dalessandro

SENATOR ANDREA DALESSANDRO HAS BEEN A LEADER FIGHTING FOR PUBLIC EDUCATION, AFFORDABLE HEALTHCARE, WOMEN'S RIGHTS AND THE ENVIRONMENT.



"Thanks to state Sen. Andrea Dalessandro, D-Sahuarita, SB1287 ("Medicare supplement insurance; guaranteed availability") has now been introduced at the state Legislature. This bill would provide coverage protections for seniors on Medicare who have pre-existing health conditions. It would allow individuals who have a supplemental policy (Medigap) to change their Medigap policies for another without passing a health screening."

~February 12, 2020, Green Valley News IN MY VIEW by Henne Queisser

ANDREA IS THE PROVEN and EXPERIENCED PROGRESSIVE LEADER WHO HAS EARNED ONE OF YOUR VOTES IN THE AUGUST 4 DEMOCRATIC PRIMARY

www.DalessandroForLD2House.com • DalessandroForAZ@gmail.com

Andrea Dalessandro @Dalessandro4AZ

Paid for by Dalessandro for AZ 2020. Authorized by Andrea Dalessandro

Local Businesses
continued from page 1

During the shutdown, Nash decided not to go the at-home haircare kit route like other salons around the country. "I am not a great fan of at-home. There are a lot of variables when you let people color at home." The stay-at-home order caused her

ing, Nash consulted with a virologist. She disinfected the whole salon with bleach three times and had the salon's regular cleaner come in for another round. Stations were moved further apart, plexishields were placed between pedicure spas, towels washed in bleach water, among other changes to increase safety.

ly. How to help staff transition to a new normal is all on you. How you decide to take the lead is how they will go forward. If you are positive, it trickles down."

Since reopening, the salon has gained 10 new clients because according to Nash, they feel Talk of the Town has done everything possible to ensure everyone's safety.

eating a lot of fast food.

Safety remains at the forefront. Staff temperatures are taken and there are sanitizing stations for customers. Bathrooms and surfaces are sanitized every hour. Masks are required for staff and an option for patrons.

Herk said they have learned to appreciate the good times. Mother's Day and Easter Sunday was the real test. Those days were busy, especially because, meals had to be packed for pick up.

He predicts that if Arizona goes back to the stay-at-home order many places will not make it. "We can withstand another lockdown for a period, but not a year. This has been very hard."

One silver lining is the curbside pick-up is working well and will continue as well as dining-in.

Local businesses are working hard to make up for the losses. While the bounce back has not been as quick as Graf hoped, he said he sees nothing but long-term positives.

Editor's Note: As of press time, another stay-at-home order had not been placed.



Every other table chained off for social distancing



Chairs in Easy Street Lounge meet CDC distance guidelines



Don Herk & Kathy Wagner with Staff

business to lose tens of thousands of dollars.

Talk of the Town reopened May 12. Two stylists opted not to return. "We were allowed to open May 8th, but I really wanted to meet with the whole staff, so they understood the extra steps we needed to take," said Nash. "Our exposure is exponentially increased with every customer who walks in that door. And that is very stressful. We don't want anyone to be exposed. I am concerned about our demo who is getting very sick from COVID."

The salon is taking every safety measure available. Before reopen-

Everyone in the salon must wear a mask. Nash noted that it has caused some pushback from customers. "Some people are not pleased about having to wear a mask, but if they want their hair done, they have to wear it," she said. "I have to protect my staff, clients, and our families."

Nash stresses kindness. "It cost us all a lot of extra money to buy PPEs and take extra measures to protect us and you. Just be kind about it. These are the CDC requirements and this is what we need to do."

As a business owner, Nash learned "Ultimately the responsibility lays with you. How to come back safe-

AZ Family Restaurant, a staple of Green Valley for more than 40 years, implemented a new service --curbside pickup. "We were not prepared (for the shut-down) but we opened for to-go orders," said Kathy Wagner, owner. "We did deliver food to the elderly who could not drive."

Still offering their full-service menu, family packs that fed for four to six people were added. "Essential boxes" filled with paper towels, sanitizers, and such were also sold.

They did their best to keep all 46 employees working. "We tried to keep everyone except bussers," said Don Herk, owner. Servers filled the to-go orders and received their hourly wage plus tips. Five people worked per day.

They lost four employees during the shut-down. That was the hard part," said Herk. "to be able to give them enough hours when they could apply for unemployment and make more."

Normally, seventy-five percent of the restaurant's profit comes in the months the restaurant was closed for dine-in. Their volume dropped 80 percent. Since opening on May 11 for dine-in and only allowed to seat at half capacity, they are slowly crawling out of the hole. "It was just the worst time possible because that was the busy season and now, we are in our slowest months," said Herk.

Customers are extremely happy the restaurant has reopened, according to Herk. They are doing a lot of roast turkey and dressing, roasted pork, and fried fish. People were craving home-cooked meals after



Sanitizing all menus, salt & pepper shakers, counters and silverware wrapped



Arizona-Sonora Desert Museum: Nature's Unnatural Year

Written by Guy Atchley

Twenty-nine thousand dollars a day. That's the hefty sum it's taken for the Arizona-Sonora Desert Museum to maintain itself during the dark days of Pandemic 2020. The money goes not only to feeding and caring for the animals, but also for maintaining the many botanical gardens, natural history museum, the grounds and, of course, paying the staff to do all this.

This is a story of survival. Fortunately the museum is a world-class attraction with many friends. That's why when the call went out that the animals and the plants needed help, people responded. The projected need to get through the fiscal year ending in September, and into the next, is five million dollars. As of this writing, Desert Museum lovers have responded to the tune of 1.2 million.

Associate Director of Philanthropy Lynnae Wenker reminds that the Arizona-Sonora Desert Museum is a nonprofit organization depending on admissions, memberships and donations. And at this time especially, every donation counts regardless of how small it may be. The pandemic wiped out the museum's ticket sales. COVID-19 also resulted in the cancellation of moneymakers such as Cool Summer Nights, a beer festival and a wine festival.

In response, the museum's fund-raising efforts have gone online with some success. Their online donation page is <http://desert-museum.org/donate> which provides a safe and secure way to support the museum with your credit card. Any donation you make up to \$300 is tax deductible per the CARES Act.

Kat Rumbley, Marketing & Group Sales Manager says the museum also is seeking out all possible grants, including those provided by the federal government during this pandemic. In addition, people have been tuning in via the internet to see the museum's education teams give viewers up close and personal views of the animals. About 50percent of the people who attend the museum are tourists from other parts of the world while the other 50 percent are locals who can't get enough of the reasons they live in Southern Arizona.

By the way the most popular exhibit at the Desert Museum is the hummingbird sanctuary. It's a wonderful place to sit quietly in the cool shade and listen to the constant hum of these little creatures as they go about their day. You might even get a closeup view of a mother sitting on her eggs on the tiniest of nests tucked deep into a desert bush.

As a photographer my favorite reason for a trip to the museum is to catch the raptor show. Owls, hawks and peregrine put on a show for the cameras. A typical season for the raptor show runs from October to April. There again is a big question mark as to whether those shows will go on because the people are usually packed in tight for the experience.

Another popular exhibit is Stingray Touch where you can actually touch the stingrays. You might ask what are stingrays doing in a desert museum? Well, the museum covers animals all over the Sonoran Desert which extends well into Mexico all the way to the Gulf of California where stingrays live.

Of course, the museum covers many animal favorites, including mountain lions, bighorn sheep, javelina, gila monsters and, of course, rattlesnakes.

Curators say some of the animals certainly appear to be missing the human connection. And it's safe to say animals lovers can't wait for the museum to begin its reopening process. When will that happen? Stay tuned because administrators are working on the guidelines right now.

Editor's Note: As we went to press, the museum re-opened on June 16th. Visit their website at www.desertmuseum.org/reopen

Photos by Guy Atchley:
Baby Bighorn and Mom, Hummingbird,
Hummingbird nest, Barn Owl, Mountain Lion, Harris
Hawk, Peregrine, Prairie Dog



LET LIFE HAPPEN

You've worked hard for your home, so let it work hard for you!



Use the equity in your home to secure a loan for home improvements or consolidation of debt. Borrow between \$10,000 and \$250,000 from now until December 31, 2020 and have all your fees waived (up to a \$915 value).

†At Hughes Federal Credit Union there's **no switching loan rates based on your credit score.** All of our members get the same low interest rate, once their loan is approved.* These loans offer flexible terms, low adjustable rates and no prepayment penalties.



Visit us at HughesFCU.org/LetLifeHappen

 **Hughes**
Federal Credit Union
520-794-8341

HOME EQUITY LOAN
RATES AS LOW AS
5.00%
ADJUSTABLE APR**

Waived Fees up to a \$915 value†

Insured by NCUA NMLS #411592 *Certain restrictions apply. Based upon credit approval. **Rate reflects the Adjustable ANNUAL PERCENTAGE RATE (APR), for home equity loans with less than 80% loan-to-value, and is effective July 1, 2020, until adjusted by the Hughes Federal Credit Union board of directors. The maximum APR, for any type of loan, shall not exceed the limit set by applicable law(s). The loan rate shall be the rate in effect when the loan is completed. The index is based on the quarterly average of Wall Street Journal Prime Rate as stated on the first (1st) work day of each month within the calendar quarters beginning with January, April, July and October ("the index") plus a margin of 1.0% and adjusted upward to the nearest 0.25% on loans with a loan-to-value of 80% or less. Ask about our rates for home equity loans with 80% or greater loan-to-value or our land line of credit. A complete Truth-in-Lending disclosure will be given at the time of application. † Offer good from now until December 31, 2020.



8210 S. NOGALES HWY, TUCSON, AZ 85756
(520) 294-2324 • www.qualitypottery.net

NEW SUMMER HOURS
DAILY 7AM-3PM



For current promotions, visit qualitypottery.net or



Pioneer Health Services

ARROYO GARDENS

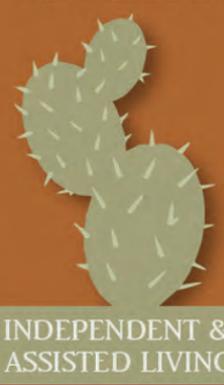
is currently scheduling virtual tours of our community with our Community Liaison Dani McDermott

Through the month of July we are offering a \$30 gift card to a local restaurant once you complete a virtual tour



ARROYO GARDENS

Schedule your virtual tour today at **(520) 625-7737**



160 N. La Cañada Dr., Green Valley
www.arroyogardens.com

This column is provided by Westgate Garden Design 829-0399

gardening *tips*

By Charlene Westgate, Permaculture Landscape Designer

GREAT LOW MAINTENANCE PLANTS FOR SOUTHERN ARIZONA

One of the biggest questions I get is, “What are great, low maintenance plants I can use in my landscape?” If you’re like most homeowners, you want easy care AND beauty. Throw in the ability to provide habitat for birds and butterflies and better yet!

So if you’re looking for plants that need little upkeep, you’ll love these beauties! These hardy, native plants will add color and interest to your landscape, and will need little water or fuss once established.

Just remember a few things to make your gardening even easier.

- Plant them where they’ll get the right amount of sun to thrive, and
- Plant them where they have plenty of room to grow to their full size to minimize pruning.

No worries if you’re not familiar with these desert gems. Here’s everything you’ll need to keep them hassle-free.

Desert Marigolds (*Baileya multiradiata*) and Native Penstemon (*Penstemon spp.*) Varieties

Desert Marigold and Parry’s Penstemon (*Penstemon parryi*) can be seen in the spring growing all around our hillsides. They’re as much a part of the Sonoran Desert as its summer monsoons and Saguaros.

They prefer full sun but need little water. The only must is good drainage. Those growing in and around small depressions will be the happiest, so they’re perfect for a rain garden.

Plant several penstemon varieties to stagger bloom times. Include Desert Marigolds and penstemons with wildflowers and colorful perennials like Desert Poppy and Arizona Lupine for pops of color around your yard. Or, plant them around cactus and succulents where they will bring out the greens of the cacti. They’re a great nectar source for pollinators such as native bees, butterflies and hummingbirds, and the marigolds are a seed source for birds and mammals.

Chuparosa (*Justicia californica*)

This perennial shrub has the look of a succulent with sprawling green stems that can photosynthesize. This gives Chuparosa the ability to drop its leaves during dry spells and still synthesize food without losing water.

Chuparosa’s red, tubular flowers are magnets for hummingbirds and its fall through spring bloom time provides a winter nectar source. These benefits make *Justicia californica* a must in any pollinator garden as it attracts butterflies too. And its cucumber-like taste makes it great on a salad for people as well!

Native to the washes of Arizona, Chuparosa grows well in the bottom of a rain garden basin. Plant Chuparosa in full sun or partial shade along with other native perennials such as Brittlebush, penstemons and Globemallow. You can also plant them around cactus for a contrast in color and texture, or in a group as an informal hedge.

Pink Fairy Duster (*Calliandra eriophylla*)

The feathery pink flowers of this plant make it a favorite of people and wildlife. Pink Fairy Duster is pollinated by hummingbirds, is a larval source for butterflies and moths, and provides nectar for native bees and seeds for seed-eating birds, especially quail.

This small shrub can be found growing along washes and rocky hillsides, and its flowers look iridescent in the evening sun. Plant Pink Fairy Duster in full sun with Desert Willow, Desert Lavender, Jojoba, Blue Palo Verde, Chuparosa, barrel cactus and prickly pear, Brittlebush, Indigo Bush, and annual wildflowers.

Brittlebush (*Encelia farinosa*)

Brittlebush is the iconic plant that ushers in spring in the Sonoran Desert, painting the entire landscape in its yellow blooms. But Brittlebush is far from brittle, having incredible survival skills when water is scarce and tolerating poor, rocky soils.

Brittlebush does best in full sun and will bloom more with a little water, making it perfect for a rain garden. It is also a great plant for habitat gardens as it provides nectar for

native bees, butterflies and beetles, as well as seeds for birds.

Brittlebush looks equally good planted among succulents such as Desert Spoon, Ocotillo and agaves, or with other native perennials such as Indigo Bush, Violet Ruellia, penstemons and Globemallow.

Jojoba (*Simmondsia chinensis*)

Jojoba is an extremely tough evergreen shrub. Plant it in full or reflected sun, and once established, it will need almost no care because of its many adaptations to Arizona’s hot, dry climate.

Planted in groupings, Jojoba’s beautiful rounded form makes an excellent hedge that needs little to no pruning. And, its sage green leaves create an excellent backdrop for showier, more colorful plants.

The female plant of this Arizona native produces a nut that was roasted as a medicinal salve by the O’odham, provided a coffee substitute for early settlers, and an oil source for industrial applications as well as in cosmetics and skin-care products. Small mammals eat jojoba nuts, and its foliage provides shelter and nesting for birds, especially Gambel’s Quail.

Conclusion

As you can see, the good news is that you don’t have to give up beauty and color to have a hardy, low maintenance garden. Plant them with the sun or shade they need and room to grow, and they will provide you with an attractive, easy-care landscape.

This article was adapted from Charlene’s ebook, *6 Super Low Maintenance Plants for Arizona*. Charlene Westgate is a sustainable landscape designer and owner of Westgate Garden Design. She can be reached at charlene@westgategardendesign.com.



Chuparosa (*Justicia californica*)



Penstemon Desert Marigolds
Photo by Renee Grayson Flickr.com.



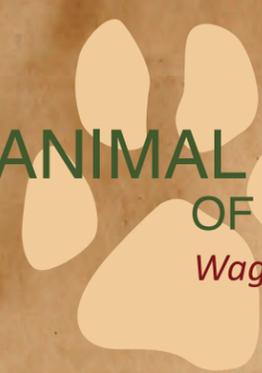
Pink Fairy Duster (*Calliandra eriophylla*)



Brittlebrush (*Encelia farinosa*)



Jojoba (*Simmondsia chinensis*)



ANIMAL CARE CENTER

OF GREEN VALLEY

Wag more, purr louder, live better™.

SUMMER TIME PET DANGERS

HEAT STROKE

Summer heat is a deadly concern for pets in Arizona. With temperatures in the summer reaching 120°F, it is extremely important that your pet be allowed access to water and shade outdoors or indoors, at all times. **NEVER LEAVE YOUR PET ALONE IN THE CAR!** Not even for a few minutes. Your car can reach temperatures of about 200°F, and your pet may not survive. Sidewalks, streets, and other surfaces absorb the sun's rays, creating a hot, burning walking environment for your pet's paw pads. If your bare hand can't stand the heat of the surface when you hold it there for a minute, neither can your pet's paw pads! Choose to walk your pet during cooler times of the day; early mornings, late evenings, or at night. (Be aware that in the summer, these are the times snakes become more active. Carry a flashlight or wear a headlamp and walk on clear paths) If you must walk during the day, limit the time to 15 minutes or less. Purchasing booties can be another protective option for your pet's paws.

RABIES AND VACCINATIONS

There is a very high incidence of rabies in our area. Skunks, racoons, bats, foxes, and coyotes have all been known to be commonly infected with rabies, so keeping your animals current on vaccinations is extremely important! In recent years, **cats** have become the most common domestic animal infected with rabies. Animal bites **should always** be examined for the possibility of **rabies** infection. Keeping your pet up to date on their rabies vaccine protects them, you, and everyone in the community. Always make sure you have control over your pet with a leash. Thanks for doing your part!

Even if your pet never goes outside, our staff can give you numerous examples of wild animals getting into homes and the tragedy that follows. If you see a suspicious animal in your neighborhood, call your local Animal Control division right away. Remember, Animal Control takes rabies very seriously and if your pet comes into contact with a wild animal, severe consequences will occur if your pet is not vaccinated.

DESERT CRITTERS

Both harmless and venomous snakes are abundant in deserts of Arizona. The most dangerous to your pets are the numerous varieties rattlesnakes, because they blend into their environment and become more active during cooler times of the day. If a venomous snake bites your pet, the immediate area of the bite will begin to swell and become extremely painful. If you suspect that a snake has bitten your pet, please call your veterinarian **immediately**. For the best possible outcome, antivenin must be given as soon as possible! Snakebite treatment can be costly and may require several days of hospitalization, so we strongly urge you to ask about a snake aversion class to help prevent incidents. There are several poisonous desert toads that are common to Southern Arizona. The most common is the Colorado River Toad, which is typically, a gray to olive green color. During the monsoon season, the river toads become extremely numerous and can be found throughout the valley. Dogs that have been in contact with a toad (or toad infused water source) tend to drool excessively, stumble, and their gums turn bright red. In serious cases they can seizure. If your dog comes into contact with a toad, please call immediately for further instructions. Collared peccaries or javelinas, are also best avoided, as they do not see very well and can become aggressive when startled. They tend to avoid any contact with humans and pets but giving them plenty of space is wise. Caution and respect should be used at all times when encountering any wild animal! Remember, this was their home first. Monitor small pets (under 25 lbs.) at all times while outdoors. Hawks, owls, and other large predatory birds have been known to grab small animals.

We at Animal Care Center of Green Valley hope to keep you, your pets, and our community safe with these tips. For more information, visit our website at animalcarecenter.com, attend one of our free community lectures, or call the hospital for an appointment at (520)-625-0433

Wag more, purr louder, live better™.

(520) 625-0433 • 555 WHITE HOUSE CANYON ROAD • GREEN VALLEY, AZ 85614
WWW.ANIMALCARECENTER.COM • CONTACT@ANIMALCARECENTER.COM

Technology Helps Churches in COVID-19 Lockdown

Written by Tabitha Yates

Most churches boast that their doors are open to all, so local pastors found themselves in an unparalleled predicament when they had to close their doors due to Covid-19 outbreaks throughout the state. The ministers had to quickly adapt to social distancing from their members, online services and counseling sessions via Zoom.

Senior Pastor of Green Valley Baptist Church, John Guillott, says their last church service was on March 15th. Pastor John shares, “I was unsure what the next week or even months would bring. My primary concern was for the health of our congregation and our community. I wanted to make sure we were taking the necessary precautions.”

John found it was difficult to fulfill his typical roles, because he was unable to visit those in hospital, rehab, and nursing homes. It was also challenging to conduct funerals and weddings, due to the limited number of people that could gather. Although he does not feel that he is particularly tech savvy, he learned much more about technology in the past few months. Fortunately, their church had been live streaming for several years, so that wasn’t a huge transition. However, Mr. Guillott did increase his online appearances during the time in quarantine to encourage his church family and keep them informed.

Green Valley Baptist Associate Pastor, Steve Wagner, agrees that not being able to minister in person was the most disheartening aspect of this virus. He says, “As a pastor, I count it such a high privilege to visit people, especially when they are in the hospital, a care-facility, or in their home. Most of our people are without close family members in Southern Arizona. And therefore, they need the pastoral staff and other members in the church to provide personal encouragement. Not being able to visit them personally is very bothersome to me.”

Though Steve concurs, “To practice safety for our congregation, of which

nice as our facilities are.” One major outreach the church did at their lovely campus was Covid-19 testing for two weekends in May and over 1,800 residents took advantage of this.

Another church that is accustomed to regular community outreach is Common Ground Church in Sahuarita. For the past thirteen years, they have hosted a widely attended annual Easter Egg hunt that had to be cancelled. Senior Pastor David Taylor found it hard to believe that his congregation would be unable to meet in person any longer. David says, “Keeping distance from people and pastoring seems like an oxymoron. It was by far the most difficult aspect of quarantine.”

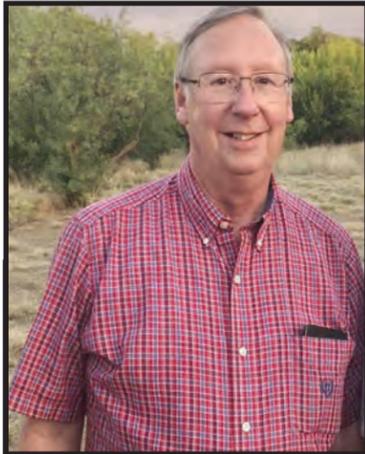
However, Pastor Taylor also believes wholeheartedly that the church is the people of God and not simply a physical location. Common Ground made the adjustment to using social media more

frequently and David tried to get the hang of Facebook live, recorded devotionals, and preaching to an empty room!

He shares, “We have tried to focus on the fact that continuing God’s work, message, and ministry is our mission. Although, the means of delivering that message has changed. It has been encouraging to me to observe how our church adapted to a new ministry paradigm so quickly and in that adjustment, they were so willing to serve God. It gives me great joy to see the reality that the church will not be held back in crisis. God is more powerful than any crisis. This is the time for the church to be on the front-lines.”

Pastor Bruce Van Sickle, Associate Pastor of Evangelical Free Church of Green Valley, felt a sudden shift in his responsibilities. He explains, “My role changed dramatically overnight from on-site live to on-site set/film production. I am so thankful that God had given us pretty much everything we needed, in preparation for such a time as this, including 3-4 very gifted staff and volunteers to work sound, cameras, and editing. We have had our sermon recorded for many years, but now have our whole worship experience online as well.”

While some community outreach had to come to a halt, members



Senior Pastor Green Valley Baptist Church, John Guillott



Green Valley Baptist Associate Pastor, Steve Wagner



Covid Testing at Green Valley Baptist Church

is made up of mostly senior citizens, is our very first priority.”

To stay connected as a church body, deacons were assigned to families in the church and reached out to them on a regular basis. Pastor Steve adds, “I am so grateful to be a part of a local body of Christian believers that behave like they do. All of our people take ministry seriously and we did not allow this pandemic and the quarantine to eliminate that by any means. We just found other ways to make meaningful contacts. We believe that the “church” is not the building, as



David Taylor, Senior Pastor at Common Ground Church



The Taylor Family at last year’s Trunk or Treat



Community Easter Egg Hunts-Sponsored by Common Ground



Common Ground Church Sunday School performing at Santa Rita Nursing Home before Christmas

Churches continued from page 8

continued meeting in parking lots for prayer and praise. They also digitally launched their newest church plant, Madera Church, on Easter Sunday.

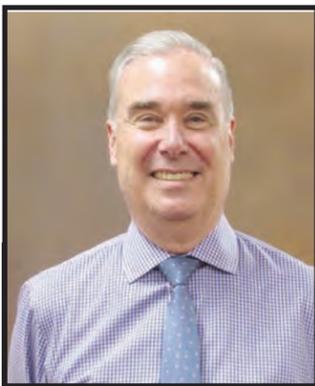
Pastor Bruce says, "Zoom meetings are becoming common and will most likely stay with us. Although, one thing I miss is the social interaction in person. The phone calls by all pastors and elders increased, and how we ministered and kept in touch with those in need has certainly changed. The Evangelical Free Church has adjusted their services for social distancing, to include 240 people in each venue, rather than 800.

All the pastors agree that they

most miss gathering together and worshipping with their church family. Pastor John shares, "What we look forward to are the handshakes, hugs and reconnecting again as family. Perhaps maybe a potluck dinner or two!"



Evangelical Free Members



Steve LoVallette, Senior Pastor, Evangelical Free Church



Bruce Van Sickle, Pastor Evangelical Free Church



Now, staying home isn't just staying in the place you love. It's staying safe. It's essential.

Whether you are looking for someone to help a few hours a week or need more comprehensive assistance, Home Instead can help. Call for a free, no-obligation appointment today.



520.770.8660

HomeInstead.com/830

PERSONAL CARE | MEMORY CARE
HOSPICE SUPPORT | MEALS AND NUTRITION

Each Home Instead Senior Care Franchise is independently owned and operated.
© 2020 Home Instead, Inc.

Green Valley Financial



- Financial Planning
- 401K Rollover
- Medicare Advantage & Supplement Plans
- Long Term Care
- Annuities
- Life Insurance

Turning 65? Or new to the area?

Please call and let us do the shopping for your Medicare Advantage and Supplement needs.

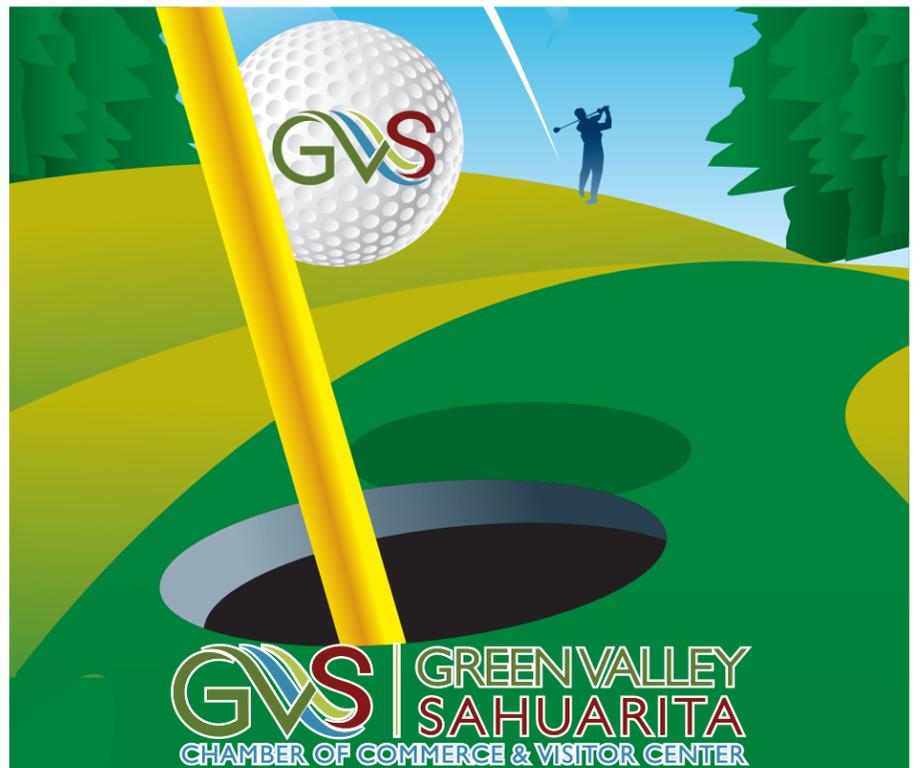
No obligation FREE consultation

**Green Valley Financial Clients!
Don't forget to pick up your
free T-shirt.**

We Have a New Address! 101 South La Cañada, Suite 39

MARK P. BECQUE PRESIDENT
Estate & Financial Planning

520.399.3625
mpbecque@yahoo.com



GVS GREEN VALLEY SAHUARITA
CHAMBER OF COMMERCE & VISITOR CENTER

2020 Golf Tournament

Saturday, August 1

7:30 am Shotgun – 4-Man Scramble

Haven Golf Course

Form a team or we will pair you up!

Register online at www.GreenValleySahuarita.com
or call **625-7575** for more information

HEY Productions Theatre Group Expands Children's Horizons

Written by Tabitha Yates

Performance art group, HEY Productions, was a dream that became a reality for two sisters, Diana Prior and Cindy Robinson. HEY stands for High Energy Youth! Diana has a background in performing, dancing and choreography. Cindy shares her sister's love of performance, specifically in regards to dance. She previously owned and operated award-winning dance company, CRAZE Dance Studios in Sahuarita. Diana began volunteering at Great Expectations Academy in 2013, at the request of her children. By August that year, a dynamic group came together of Diana, Cindy, Jasmine Spear, a vocal coach and Patti Hanson, stage manager.

Having been exposed to theater and dance all of their lives, the sister's wanted an opportunity to allow children to perform musicals in Sahuarita. Cindy shares, "As interest in each year's production grew, we knew that there was a need we could fill, if we were to branch out and form our own production company. After 80 kids in a school of 300 students auditioned for Shrek Jr., we knew it was time to expand, and HEY Productions was born."

Their goal as a production company is to bring the arts into the community and share positive messages about life and learning with HEY Productions students. Hey Produc-

tions is open to all children, youth, and young adults. Classes start with children as young as 5 and 6 years old, while productions allow children who will be turning 9/10 within the calendar year to audition. Cindy and Diana share that they typically cast youth



between the ages of 10 and 18 for Jr. Productions. Diana says, "This coming year we will be producing our first full length musical in February and will open up auditions to children and young adults between the ages of 9 and 22."

Previous production includes Frozen Jr., Cinderella Jr., Beauty and the Beast Jr., The Wizard of Oz, Aladdin Jr., High School Musical, The Little Mermaid Jr., Shrek Jr.

and Mary Poppins Jr. Students pay a production fee to be in the show. Between that fee, ticket sales, concessions and 8-10-week classes that HEY teaches-this covers the cost of the extensive production of each show.



Having the opportunity to be involved in a HEY Production is a cherished experience for the young people who are given a role

and their families, who are cheering them on. Kiran Ludwick, age 13, has been involved with HEY Productions since she was a 3rd grader. She shares, "Everything is fun, from the show itself to the incredibly talented people who make it

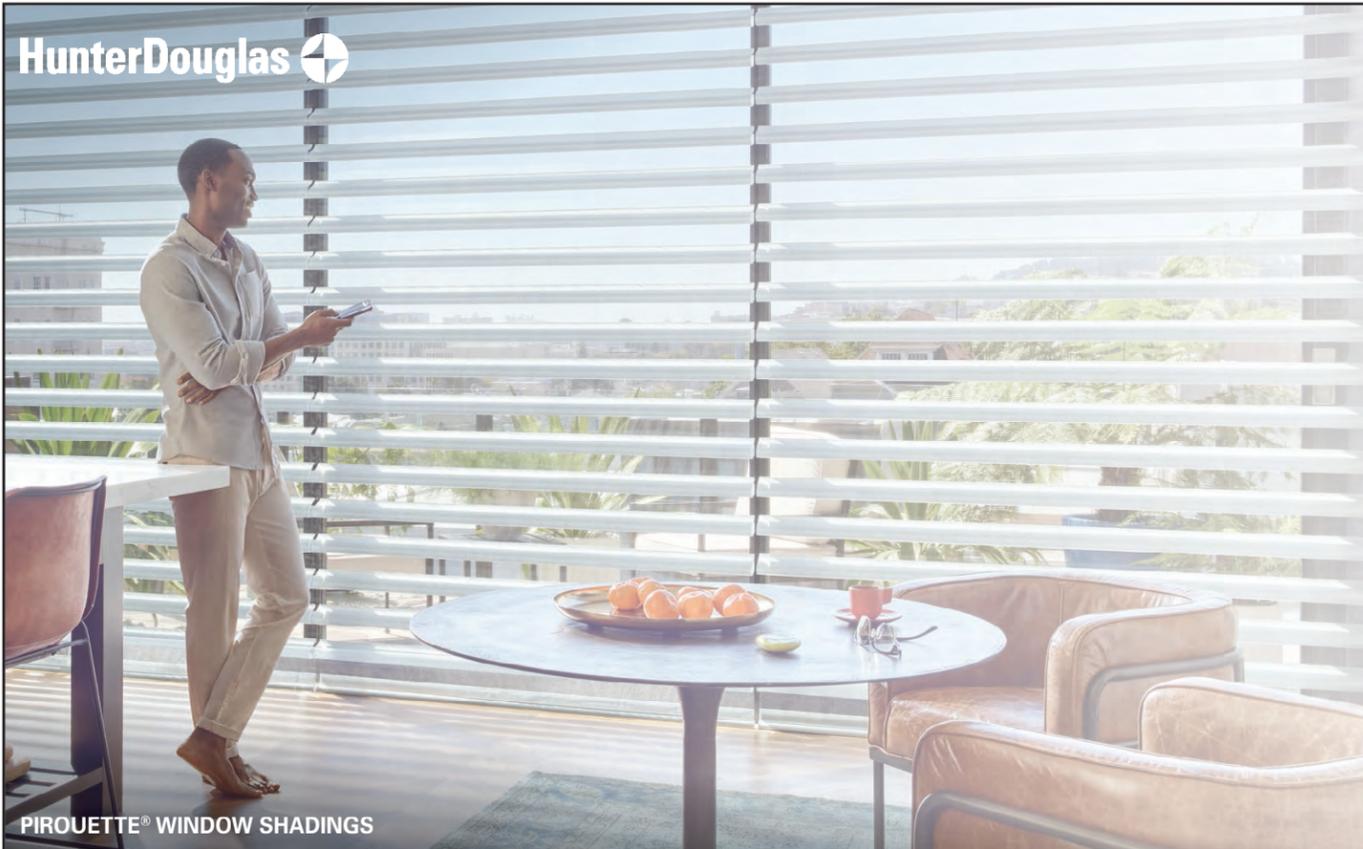
ty theater groups and we consider ourselves to be truly fortunate to have this opportunity to experience musical theater with these talented

women. What I love about the Hey Production team is that they have consistently produced high quality shows. From the costumes, set designs, choreography, vocal training-no detail has been overlooked. I admire their professionalism."

Elizabeth Nielson has three children involved with HEY Productions. Her son, Connor has most recently been cast in Frozen, Aladdin and Mary Poppins. Both her daughters will be in

hard. They are really the ones putting on this show."

Kiran's mother, Lara, has enjoyed watching her daughter blossom in her love of singing, dancing and acting on stage. Lara says, "At the time we got involved, there were no local communi-



HunterDouglas

PIROUETTE® WINDOW SHADINGS

Intelligent shades,
smart savings.



Rebates starting at

\$150*

on qualifying purchases

Hunter Douglas shades with PowerView® Automation move to schedules you set and work with many smart home systems.**

Ask about rebates on select shades with PowerView and the associated hub.

June 27–September 7, 2020

Continental Design Inc.



Continental Design Inc
512 E Whitehouse Canyon Rd Ste 110 Green Valley, AZ

Currently accepting appointments in the
Showroom or your Home
Monday through Saturday
Call Continental Design at 520-648-3326

www.continentaldesign.biz
ROC#228070

* Manufacturer's mail-in rebate offer valid for qualifying purchases made 6/27/20–9/7/20 from participating dealers in the U.S. only. Each window fashions unit must include PowerView® Automation to qualify for rebate. Rebate will be issued in the form of a prepaid reward card and mailed within 4 weeks of rebate claim approval. Funds do not expire. Subject to applicable law, a \$2.00 monthly fee will be assessed against card balance 6 months after card issuance and each month thereafter. See complete terms distributed with reward card. Additional limitations may apply. Ask participating dealer for details and rebate form. **PowerView App and Hub required. ©2020 Hunter Douglas. All rights reserved. All trademarks used herein are the property of Hunter Douglas or their respective owners. 20Q3MAGPIC2

**GVR LIVE!
ARTS & ENTERTAINMENT**

Have you heard that GVR Live!
Arts & Entertainment performances
are open to everyone?

You don't have to be a GVR
member to see performances at
GVR West Center
1111 S. GVR Drive

The health, safety, and well-being of the Green Valley community is of up-most importance. COVID-19 has had an impact on our community and the way GVR serves our members. Due to these circumstances, Green Valley Recreation Arts & Entertainment summer programs have been canceled.

I have been working diligently to schedule next season's "GVR LIVE! 2020-2021 Program Season" and I have already added wonderful artists that will engage and delight you. Please keep a lookout in upcoming issues of GVR Now for our Sneak Peek of the GVR LIVE! 2020-2021 Program Season!

I want to ensure you that Green Valley Recreation, Inc. will be taking every precaution to recognize social distancing according to the CDC guidelines at the time of each performance. The mission of Green Valley Recreation's Arts & Entertainment team is to provide our patrons with a safe and comfortable environment, so you may enjoy your program experience in the West Center Auditorium.

I look forward to seeing you our patrons in October when we will be presenting the first of our programs.

My team and I look forward to serving you.

Stay well,

Shelly Freeman,

Green Valley Recreation, Inc.

Senior Arts & Entertainment Supervisor



For more information,
go to GVREC.org or call 520.625.0288.



CHANCES ARE...
You're due for a
Morgage Check-up

A Free, No Obligation
Morgage check up can:

- Free up cash every month
- Check on ending mortgage insurance
- Take cash out of your home
- Pay off your home sooner



HOME LOANS. MADE HUMAN™

Talk to Steve!

Steve Oesterle

Branch Manager | nmls. 653814

520-612-0479



NationsLending.com/Green-Valley-AZ

Green Valley Branch | 210 W. Continental Rd, Suite 132
Green Valley, AZ 85622 | NMLS# 32416

All home lending products are subject to credit and property approval. Rates, program terms and conditions are subject to change without notice. Corporate NMLS Unique Identifier # 32416. Verify a mortgage company or individual license on the Nationwide Mortgage Licensing System Consumer Access site: www.nmlsconsumer-access.org. The interest on the portion of the credit extension that is greater than the fair market value of the dwelling is not tax deductible for Federal income tax purposes and the consumer should consult a tax advisor for further information regarding the deductibility of interest and charges. U.S. Dept. of Housing & Urban Development Mortgage-FHA Lender ID # 23773-0000-0, 23773-00017 (Unconditional Direct Endorsement Approved), USDA SFHGLP Approved, Department of Veterans Affairs VA Automatic Lender 56997-00-00. Nations Lending Corporation 2020



Hey
continued from page 10

Frozen this fall. Elizabeth explains what she most appreciates about this theater group, "I feel like these plays have so much to offer to the



Courtesy of Angela McCord

community. They provide a way for kids to learn about the arts, while being given a safe, fun environment in which to develop their talents. HEY provides wholesome entertainment for the community that the entire family can enjoy."

13-year-old, Coda McCord shares, "I really like how nice everyone is. It's easy to make friends and talk to other kids. It is really fun and everyone is really socia-



ble. My favorite experience was being on stage for the first time. You are super nervous but everyone is so excited to get on stage. My favorite show was Into the Woods Jr. I played Cinderella for the Friday cast."

Coda's mother, Angela McCord, says, "These productions have personally been a huge blessing for my daughter. She has grown in confidence and skills on stage. I feel like this has given her numerous chances to grow, through auditions, sticking to responsibilities, commitment and of course she has so much fun doing them."

Adrienne Nash Barrett has three daughters involved in productions. She loves being a backstage mom and appreciates all the skills her daughters have



Courtesy of Elizabeth Neilsen

grown in. Adrienne shares, "They have learned the values of practice, teamwork, diligence and cooperation. These are all valuable skills to take into high school and adulthood. They have had so much fun and they love the friends they've

made there and the sense of accomplishment when they perform. We will always be grateful to Cindy Robinson and Diana Prior for dreaming big and

giving many other kids in our community the chance to do so."

Diana and Cindy summarize with the most personally gratifying aspect of HEY Productions for them, "We think the most rewarding experience we have as directors is watching a student grow. There is

nothing quite like working with someone who has so much potential and then watching as they finally begin to see what it is, we saw in them during auditions. It is so thrilling to witness them becoming so much more than they once were, as their confidence and gifts begin to grow."



Sheriff's Auxiliary Volunteers

Neighbors helping Neighbors, that is who we are



Did you know that the mission of the Sheriff's Auxiliary Volunteers (SAV) is to enhance the quality of life, safety, and security of Green Valley and surrounding communities?

This is accomplished in partnership with the Pima County Sheriff's Department.

Although SAV patrols may be the most visible activity, members also provide other services including Justice Court bailiff, foot patrol at the White Elephant, front desk at PCSD, Scam education and resolution, fingerprinting, TeleCare Service, home checks, business ID, and much more.

While SAV members come from a wide variety of backgrounds, interests and skill sets, they are united in their commitment to serve our community.

If you are interested in learning about volunteer opportunities with SAV, please stop by our offices at:



601 N. La Cañada Drive, Green Valley
(520) 351-6744
gvsavrecruiting@gmail.com



Thank you
to our dedicated volunteers
and community members.

Because of you, more meals are going to more families in need during this unprecedented time.



COMMUNITY
FOOD BANK
OF SOUTHERN ARIZONA

GREEN VALLEY: (520) 625-5252 | AMADO: (520) 398-2942

Here we GROW again!

COMING SOON:

Expanded Patient Support Services, New Office Location
Radiation Oncology Services, Breast Health / Surgery

New Physician



Andrew Orton, MD
Medical Director
of Radiation Oncology

New Physician



Tiffany Chichester, MD
Breast Health / Surgery



Molly Grassman, PA-C



Sherri Porterfield,
RN, MSN



Bruce W. Porterfield,
MD, PhD



Sivamurthy Kyathari, MD



Maureen Wallace, PA-C



Kathy Kennel,
MSN, FNP-BC, ACHPN



ARIZONA
BLOOD & CANCER
SPECIALISTS

A Partner of OneOncology

514 E. Whitehouse Canyon Road #110 · Green Valley, AZ 85614
520-689-6992 · ArizonaBloodAndCancerSpecialists.com

We are a partner of OneOncology™ OneOncology partners access the latest cancer research and treatment options to provide the best care for our patients close to home.

Medical Oncology / Hematology · Radiation Oncology · Breast Health / Surgery · Palliative Care

Posada Life Behavioral Health Services

If you're feeling overwhelmed and anxious due to Covid-19, you're not alone

There is no question that the changes brought about in our community as a result of the coronavirus may have a more pronounced effect on older adults. It is normal to feel stressed or lonely, but there are things you can do to feel better.

If you feel you are not coping with isolation during quarantine, it is important to talk with someone close to you. You can also talk to a health professional. For support with grief, anxiety, distress or mental wellbeing, you can call 520-393-6813.

People who live alone have an extra social distancing burden and may need someone to talk with, why not a professional counselor?

- Short term counseling is an option
- Safe counseling services are an option via phone and/or video conferencing



Medicare is accepted. Openings now available. For appointments call 393-6813.

780 S. Park Centre Ave, Green Valley
520-393-6813 | PosadaLife.org

Community Performance and Art Center

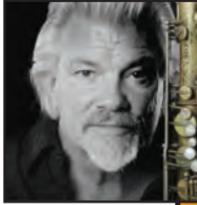
**OCTOBER 2
7PM**

FEVER: THE MUSIC OF PEGGY LEE Featuring Pete Swan Big Band and Liz Cracchiolo



**OCTOBER 9
7PM**

TERRY HANCK WITH BAD NEWS BLUES BAND



**OCTOBER 14
3PM AND 7PM**

PAVLO



**OCTOBER 16
3PM AND 7PM**

SAIL ON: THE ULTIMATE BEACH BOYS TRIBUTE



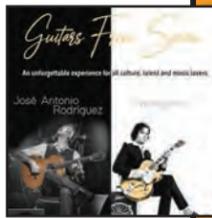
**OCTOBER 17
7PM**

BAVARIAN BRASS BAND OF GREEN VALLEY



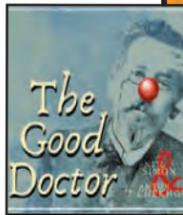
**OCTOBER 20
7PM**

GUITARS FROM SPAIN



**OCTOBER 30-
NOVEMBER 8**

THE GOOD DOCTOR
A PLAY BY NEIL SIMON
The Santa Cruz Shoestring Players



**NOVEMBER 10
7PM**

JACK LASSETER: Wild Bill Hickok



**NOVEMBER 11
7PM**

P.D. RONSTADT & THE COMPANY



**NOVEMBER 12
7PM**

ODAIKO SONORA



**NOVEMBER 17
7PM**

BAYOU BROTHERS



Buy Tickets Online at www.performingartscenter.org



520.399.1750
1250 W. Continental Road
PO Box 1301
Green Valley, AZ 85622

520-648-1668

www.deserthillsgolfclub.org
2500 S. Circulo de las Lomas, G.V. AZ 85629



LOVE GOLF

BUT

HATE

- 4 hours or less pace of play
- Active ladies, men & couples group play
- The best kept course year-round
- Easy tee time availability – play when you want with whom you want
- Tees at all skill levels
- Store your cart or play in a Club owned cart – **No trail or hidden fees**
- Member owned / member run
- Financially stable
- Community & camaraderie
- 5 plus hour rounds
- Limited ladies, men & couples group play
- A course reasonably maintained in season – badly sustained in summer
- Little control over:
 - » Management of the Club
 - » Tee times and playing partners
- Surprise / hidden fees
- With the upsurge of retirees moving into area – semi-private & public courses pace of play will continue to increase

CONSIDER THE BENEFITS OF JOINING A PRIVATE CLUB



Desert Hills Golf Club
Great Golf - Great Friends - Great Times

NEW-More Affordable Memberships:

3 or 6 Month - One Time Trial • Weekend - 60 Years/Younger
Special 80-Year-Old Senior Memberships



Thrift Store
Summer Days & Hours
8 AM to Noon
Monday, Thursday,
Saturday & Sunday

520/625-2189

Come & Shop at the "Santa Claws" Workshop

OR just look and see what else we have:

Books, Boutique, CD's, Children's Clothes, Collectibles, DVDs, Electronics, Furniture, Games/Puzzles, Hardware, Jewelry, Kitchenware, Knick-Knacks, Linens, Men's Clothes, Pet Accessories, Purses & Shoes, Small Appliances, Stuffed Animals, VCR-Tapes, Women's Clothes.
We are not currently taking donations, but we have so much inventory that we will be able to add new items every day.



All the proceeds go to help the animals

The Animal League of Green Valley
1600 W. Duval Mine Rd. Green Valley, AZ 85614
520-625-3170 www.talgv.org - Facebook/talgv

(We follow COVID-19 guidelines - face mask required)

Quarantine Brings Families Closer

Written by Tabitha Yates

The year of 2020 will undoubtedly go down in history for a multitude of reasons. The strength of a family's unity was put to the test this past spring, when a state wide stay at home order was given on March 31st. It was recommended that no one socialize with anyone who was not a member of their immediate household. Many that were able to, began working from home. Schools were closed for the remainder of the academic year and parents were suddenly forced into a new normal of trying to work from home, while they simultaneously homeschooled their children, of varying grades for the first time.

As the stay at home order lifted slowly, some were looking forward to getting "back to normal," only to find that what we once considered normal has been altered, perhaps indefinitely. Social distancing is in place everywhere one goes, face masks hide the smiles of otherwise friendly faces, and limited occupancy in restaurants makes eating out a challenge. One cannot help but wonder how long we will be asked to function in this way. Will people stop shaking hands? Will there be a more permanent group of individuals working from home? Will take-out be preferred to the hurdles of eating at a sit-down restaurant?

Nearly overnight, the coronavirus

are you eager to shed from the past and what, if any changes, would you keep about our new way of life?"

Quail Creek residents, Jon and Diane Quinn, count themselves fortunate to have missed their vacation plans this year, which included a cruise to Norway, that was set to depart on March 9th. Only a week later, they began to shelter in place. Diane, who is the current president of The Women of Quail Creek, did feel concerned for her health, having just recovered from a long bout of bronchitis. She designated Jon as the grocery shopper of the family, while she stayed put.

She shares, "It wasn't always easy to keep spirits up, but thankfully I have good friends and family. My work with The Women of Quail Creek kept my mind engaged. I taught myself to crochet watching YouTube videos and I crocheted three blankets for my granddaughter. I watched much too much TV and probably drank a few too many martinis. Now I need a good weight loss plan!"

The Quinn's admit to being nervous going forward and the couple says they won't be dining in restaurants anytime soon and large gatherings are out of the question.

67 years old Green Valley resident, Sharan Manchester Greene, began sheltering in place 2 weeks prior to the Governor issuing the executive order. She wasn't particularly concerned for her health, as she feels she has pristine hygiene habits and a strong immune system.

She stayed engaged as a Weight Watchers Coach via Zoom and watched church services online. She also realized during quarantine, just how much she talks to herself! She started crafting everything she could get her hands on and stayed upbeat by choosing to

not watch too much of the news. "I am done with quarantine," exclaims Sharan emphatically. "I'm ready to get back to some normalcy."

er amid a pandemic and struggled to stay optimistic. Sam had two trips cancelled and rather than spending her 50th birthday in Mexico, she had an evening at home.



Jon & Diane Quinn in Ireland

The hardest part for the Kelley's was not being able to hug their grandchildren. Sam's biggest concern was that given her job in healthcare, she would unknowingly pass the virus on to someone else. She prefers to not shake hands and only hugs close friends or family after telling them, "You can hug me at your own risk." To cope with the stress

of quarantine, Steve and Sam went on frequent motorcycle rides and Sam took up jigsaw puzzles as a way to relax. She has completed at

For some families, staying at home wasn't an option, if one or both were essential workers. Patricia and Richard Palacios found themselves in the latter category. Richard works as an HVAC technician for Green Valley Heating and Cooling and Patricia is a front office clerk for Banner University. They were thankful to have their jobs, but at the same time felt anxious that they had to be out, while others were able to stay safely at home.

This year, was their son, Gabriel's, senior year of high school. Patricia explains, "It was a little bit hard on him and our family, to not have a big graduation. However, we are looking forward to watching our son walk and get his diploma when the school opens up."

The Palacios family stayed positive by frequently calling and facetimeing with friends and family, attending church online and driving to the mountains to get fresh air. As a family who has members with asthma, they feel more comfortable continuing to wear face masks and avoiding large groups. Patricia says their faith and family is getting them through this time.

Fellow healthcare worker, Sam Kelley and her husband Steve, also had jobs that kept them on the go. Sam is a front desk supervisor who travels between ten various clinic locations and Steve is a plumber. Mrs. Kelley confesses that the quarantine period was quite difficult for her emotionally. She faced many challenges being a healthcare work-

er amid a pandemic and struggled to stay optimistic. Sam had two trips cancelled and rather than spending her 50th birthday in Mexico, she had an evening at home.

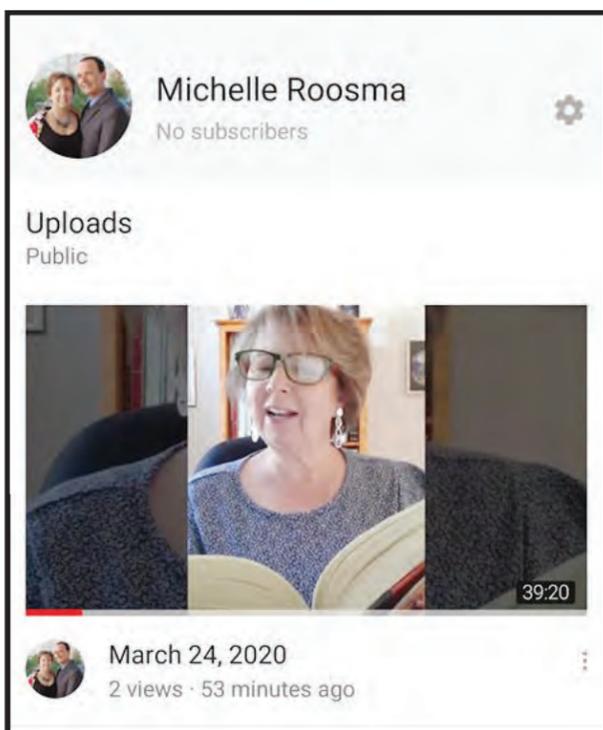


Sharan Greene

least a dozen.

Adjusting to schools being shut down was an unexpected challenge that many parents suddenly faced. For James and Josie Buck, they jumped in head first into the world of homeschooling their two children, James and Jasmine. James is a 6th grader at Sahuarita Middle School and Jasmine is a 2nd grader at Sahuarita Primary School.

Josie was thankful that as a stay at home parent, she had the flexibility to adapt to their new schedule. She shares the advice she gave her



Anza Teacher reading to her students

outbreak led to swift changes in how we live, work, and play — not to mention, the changes within our communities and government. The Community Quarterly caught up with some local residents to ask, "When the outbreak subsides, what

Families
continued from page 15

children as they began distance learning, “We can’t control every situation that comes our way. However, we can always control how we choose to respond to it.” Josie continues, “At the end of the day, I want my kids to continue their education, whether it be on campus or via distance learning. Honestly, I’m sincerely grateful to all of my kids’ teachers and the school district! If I had any questions or concerns in regards to their schoolwork, teachers were quick to respond.”

The family took this time to focus on what they felt were key life skills, such as cooking, cleaning and laundry. They also participated in several Coronavirus birthday drive by parades and in the Adopt a Senior program. They adopted a local Rancho Sahuarita High School senior, Brian Jones. Both of the Buck children cannot wait to get back to



Deloria Family

surprised and seemed genuinely grateful for some small celebration of their promotion from middle school.”

As for her future in the classroom, Michelle shares, “I can’t wait to get back to school in the fall! I won’t be afraid to hug the students or shake

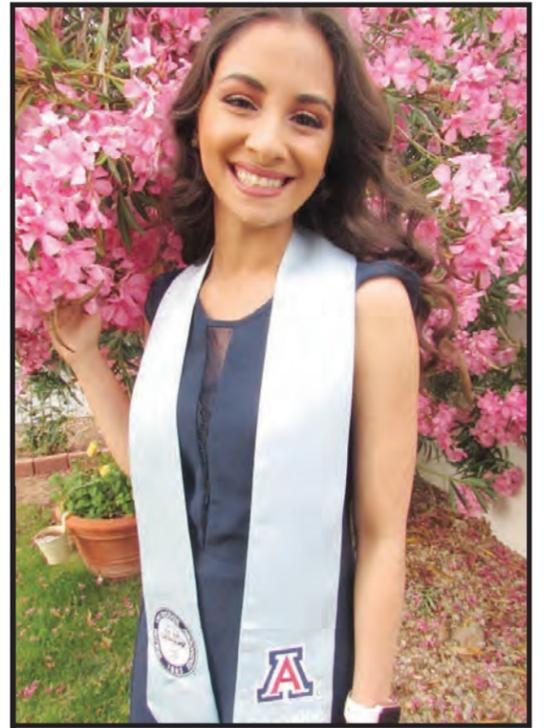
Their biggest adjustment was not being able to visit grandparents in Tucson, missing out on book club, Sunday school and their Awana’s club. Laura states, “For me as a full-time homeschooling mom, part of my self-care is getting out of the house often to do activities and spending time with friends without my kids. So, the biggest adjustment was honestly mine, as that outlet was now gone.”

She also shares, “In order to stay positive, we’ve done lots of the little fun things that I think many families have been engaged in- water play, movie nights, baking, writing letters and notes to pen-pals and friends, and lots of Zooming. We are not anxious about re-engaging and cannot wait until Disneyland reopens!”

High school seniors weren’t the only ones missing out on their graduation ceremony. University of Arizona Graduate, Liliana Serrano, received her diploma in Elementary Education along with an English Second Language Endorsement. At the time quarantine began, Liliana was close to completing her student teaching in a Kindergarten classroom. She is also a dance teacher and coaches two dance teams.

Serrano was convinced, both herself and her fellow graduates would be able to walk in May, but when she realized she would be unable to finish her student teaching in person and that she could not have a graduation ceremony, it was a bitter pill to swallow, given how hard she worked. Her primary concerns during quarantine were losing her job, being unable to find a teaching position and not being able to go through with her summer wedding. Liliana wonders what the new norm will be and avoids hugging anyone but her family members, out of respect for people’s concerns.

Clearly, there have been



Liliana Serrano

varying responses to the inevitable anxiety brought on by living through a pandemic for the first time. Our final couple embraced their quarantine by going “off the grid.” Bob and Denise Leigh of Green Valley, both 62 years old, extensively planned their post retirement bucket list. The first on Bob’s list was to hike through the Appalachian Trail, as his wife followed him with an RV.

They embarked on their journey at the end of February, when coronavirus was on the news, but didn’t appear to threaten their plans. As the Leigh’s approached the AT trail, it was only days before Georgia issued stay at home orders. Hikers were asked to abandon their trails. By the 3rd day of hiking, The US Forest Service closed the trails and Bob had to postpone his dream for another day. Thankfully, RV parks are considered essential, so Bob and Denise still enjoyed their travels through multiple states, including Texas. The couple is ready and willing to get back to hugs and handshakes and is hopeful for a full economic recovery, as are we all.



Gabe Palacios

wrestling with Dominate Club Wrestling and eagerly await the day they can attend church as a family again.

Teachers stepped up to the plate in an extraordinary way this school year, by quickly adapting their lesson plans into virtual lessons, when they received word that the deadline of opening schools on April 10th would be extended for the remainder of the school year.

Michelle Roosma is a 5th grade teacher at Anza Trail School, who had to fall back on her previous experience using Google Classroom. Knowing the stress parents were under and all the changes her students were experiencing, Roosma was aware that she needed to reduce the class load. She missed her students and stayed connected by delivering homework packets and lunches to those who couldn’t pick up and dropping off time capsule letters to her former students, who are now 8th graders. Michelle says, “They wrote them the last day of 5th grade and included a 5th grade photo of themselves. They were very



Jasmine Buck get Cooking Classes from her Mom in Quarantine



Bob and Denise Leigh Traveling by RV during Quarantine

their hands. After 20 years of teaching, I think I’ve been exposed to my share of germs!”

What adjustments does shelter in place bring, when you already homeschool and spend a good majority of your time at home? For Dan and Laura Deloria and their four children, they discovered just how much they missed their times of socialization. Dan is a detective with the Tucson Police Department and Laura homeschools their children, varying from age 3 to 11 years of age.

not have a graduation ceremony, it was a bitter pill to swallow, given how hard she worked. Her primary concerns during quarantine were losing her job, being unable to find a teaching position and not being able to go through with her summer wedding. Liliana wonders what the new norm will be and avoids hugging anyone but her family members, out of respect for people’s concerns.

Clearly, there have been



Sam Kelley and Co-Worker doing coronavirus testing

A *different* kind of house call.

Telehealth visits available.

Quality care doesn't always require a trip to the doctor's office. With telehealth, many doctor's visits can be managed on your smartphone, tablet or computer. You can talk with your provider just like you would in the office – but from the comfort of your home. And, if an in-person visit is recommended, be assured we are taking special precautions to keep our offices clean and safe for every patient. Whether in person or on screen, we'll be glad to see you!



Call 520-352-1072 or visit MyTucsonDoc.com to find out how to connect with a provider.



NORTHWEST HEALTHCARE
NORTHWEST | ORO VALLEY | SAHUARITA



Primary Care Docs



Urgent Care



Emergency Care



Virtual Appt

Many insurance plans cover telehealth. Check your plan coverage or ask when you make an appointment. If you have an emergency, don't delay. Call 911 or go to the ER.

A/C SERVICE
"All Years"
Refrigerant

Mr. AUTOMOTIVE

REGULAR ENGINE OIL/FILTER CHANGE \$24.95
Up to 5 Quarts

AND

Classic Car Garage

We Honor Most Extended Warranty Policies
Domestic & Import/European

All Classic Makes and Models

- Auto Repair • Electric • Brakes • Maintenance
- Oil Change • Batteries • Tune-Ups • Shocks
- Transmission Diagnostics • Welding
- Hoses/Filters

- Mechanical Repairs • Tune-Ups • Performance Upgrades
- Fuel Systems • Steering & Suspension
- Brakes • Wheels & Tires • Drive Train
- Electrical Systems • Welding

FREE WI-FI WHILE YOU WAIT

Satisfaction Guaranteed

Clean Comfortable Waiting Area • Courtesy Shuttle Available

(520) 625-1500

171 W. Continental Rd. • West of I-19

Monday - Friday 8am-5pm • mrautomotiveaz.com



This column is provided by Amy C. Oliver, Public Affairs Officer, Visitor & Science Center Manager, Fred Lawrence Whipple Observatory

What's Up in the Sky

With the *summer solstice* just behind us, the nights are warming up and the skies are growing dark... but not just at nighttime. July and August bring the bulk of monsoon season to southern Arizona, adding a list of fabulous sky features, and reasons to look up. If purple-tinged crackles of lightning in deep grey cumulonimbus clouds aren't your favorite sky feature, wait for a clear night, and step outside.

Around 9:30pm on July 4th, a *penumbral lunar eclipse* will creep across the night sky throughout most of North America. With only a partial eclipse, you may or may not notice Earth's shadow roll across the Moon, as it will not turn a brilliant orange or red, and for many, will simply sneak by. But if 4th of July fireworks have died down (or not begun) and the sky is clear, a peek up at our nearest neighbor may yield a worthwhile surprise.

July 14th will bring Jupiter into *opposition*, when the gas giant will be on its closest approach to Earth with its face fully illuminated by the sun. On this night, the planet will be visible all night long, and will be brighter than at any other time of the year. A good pair of binoculars will even allow you to see Jupiter's four largest moons, which will appear as bright dots near to the planet. Saturn will quickly follow Jupiter, and appear at opposition on July 20th, making the ringed planet

brighter on this night than any other night of the year. A medium-sized telescope will allow you to see some details on both planets.

What's Up at Whipple Observatory

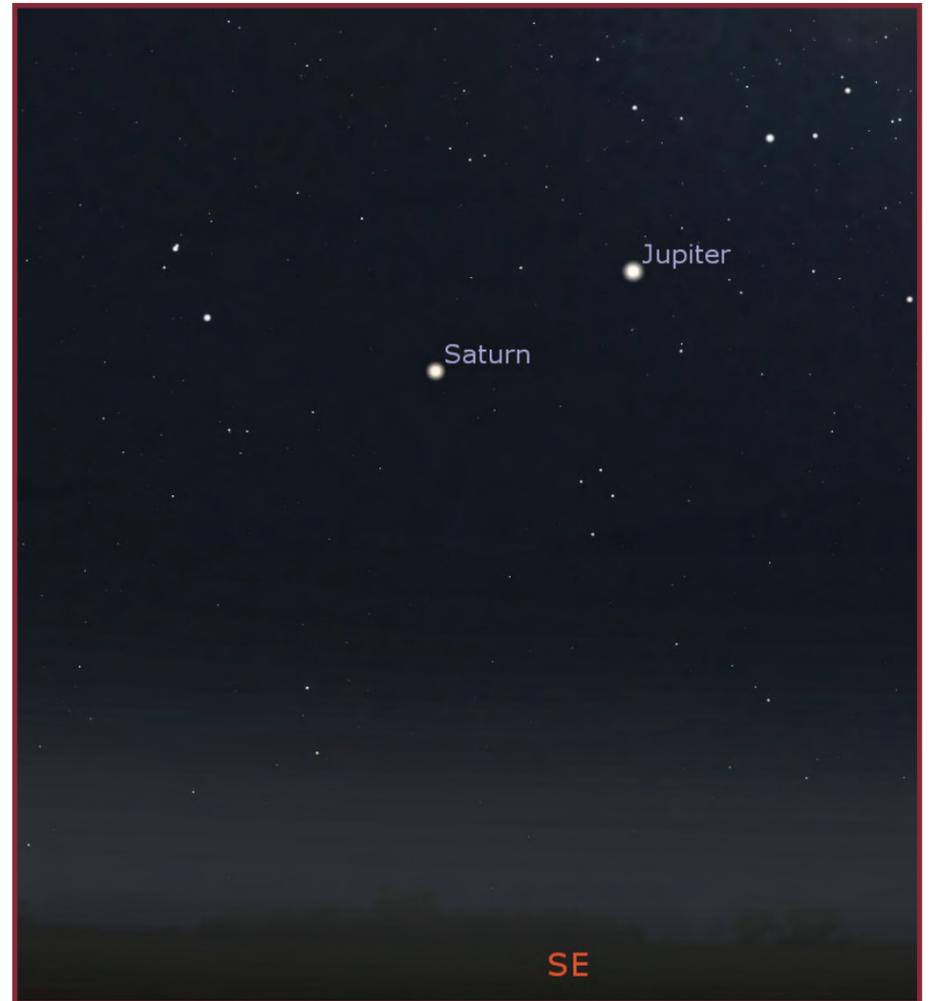
Over the past ~120 days, we have noticed something missing in our lives at Whipple Observatory: you. And we know that you've missed us, too. Life, culture, and our connections to each other are changing quickly and in marked ways. What will never change is our dedication to serving our friends and neighbors, and making it easy to access and connect with science and with the night sky.

New Exhibits and Upgrades to the Science Center

Just over a year-and-a-half ago, I arrived at Whipple Observatory and promised that we would work towards a 21st century exhibits and education program. This summer, Whipple Observatory remains closed as these promises move closer to realities. New exhibits will focus on the methods and results of the science conducted at Whipple Observatory, while revamped tour programs will help you to make meaningful connections between the science, technology, work, methods, and results.

Exhibit Spotlight: Seeing in Infrared

You may be familiar with infrared



(IR) waves; although you cannot see them, you encounter them everywhere you go. We sense infrared waves as heat, but can sometimes also see it, either when the objects are very hot, or with special sensors and cameras. Plumbers and electricians use infrared cameras to search for heat sources within your walls and floors, and some new outdoor grills use it to cook your food. It's also the heat you feel from the sidewalk when you walk outside on warm, sunny day. In astrophysics, IR is used to help scientists find far-away stars that are too cool to shine brightly; it can also identify exoplanets, nebulae and other "cool" space objects.

Whipple Observatory's upcoming permanent exhibit, "Seeing in Infrared" will give you the opportunity to see yourself in thermal imaging, and gain a better understanding of how infrared energy can tell scientists quite a lot about what's "out there."

How You Can Support Change at Whipple Observatory

As Whipple Observatory's visitors center transforms into an interactive science center, we need your help. Your thoughts and opinions matter, and you can share them with us at any time by sending an email to WhippleScienceCenter@gmail.com. Tell us what types of

science matter to you, and how you learn best, whether it's by reading, watching videos, or interacting with science in real time.

You can also support the development of new exhibits and education kits with a tax-deductible donation. To make a donation, please send a check written to the Smithsonian Institution to Whipple Observatory c/o Amy C. Oliver, 670 Mt. Hopkins Rd. PO Box 6369, Amado, Arizona 85645.

Final thoughts

Our world is changing, and while change can bring discomfort in even the best of times, Green Valley is a resilient community that stands together, united in our love of learning, of beautiful open spaces, and of a clear, unadulterated night sky.

As we move through change, it is important to remember that change brings growth; it expands our hearts and our minds. As we've seen over the past several months, change also helps us to take stock in our lives, and to open ourselves to a greater appreciation of what surrounds us, what's above us, and what's "out there."

We look forward to the memories that positive change will bring. Until we see you again, keep looking up.



Green Valley Decorative Rock

Your Complete Landcape Supplier

Decorative Rock, Fill Dirt, Sand, Compost & so much more!

670 W. Camino Casa Verde
Green Valley, AZ
(520) 625-2550

2341 W. Wetmore Rd.
Tucson, AZ
(520) 887-8181



\$2.00 OFF

per yard on decorative rock when purchasing 5 yards or more.

Some restrictions apply. Offer expires 9/30/2020

KGVCQ3

Locally owned family business, serving Southern Arizona for over 25 years

www.greenvalleyrockaz.com

Solutions



Original Off the Wall Bed®

Home Offices • Libraries • Media & Entertainment Systems
Custom Built Furniture • Kitchens • Garage Cabinets

Off the Wall Furniture Solutions
Serving Tucson Since 1979

HOURS:
MONDAY - FRIDAY 10:00 - 5:30
SAT. 10:00 - 5:00, SUN. 12:00 - 5:00
3636 E. FORT LOWELL (FT. LOWELL & DODGE)
(520) 745-1186

www.offthewallfurniture.com

ROC#271411

ALL CDC GUIDELINES FOLLOWED

Arizona Family Restaurant
Easy Street

\$4.00 OFF

LOUNGE

Breakfast, Lunch or Dinner

Buy one entree at regular price and get \$4 off 2nd entree of equal or lesser value with purchase of 2 beverages

Excludes Friday, Sunday & Holiday

One coupon per customer. Coupon may not be combined with any other offer. Expires 9/30/20

KGVCQ

HAPPY HOUR
Enjoy Drink
Specials and
& 1/2 OFF Select
Appetizers

\$2.00 OFF

with purchase of 1 entree and 1 beverage

Excludes Friday, Sunday & Holiday

One coupon per customer. Coupon may not be combined with any other offer. Expires 9/30/20

KGVCQ



Visit us on Facebook
www.facebook.com/arizonafamilyrestaurant

Arizona Family Restaurant & Easy Street Lounge



80 West Esperanza Blvd, Green Valley
625-3680 • www.arizonafamilyrestaurant.com

Vote for Suzanne Droubie in the August 4th Primary!



Suzanne
Droubie



ASSESSOR

*Put the Service
Back in Public Service*

Suzanne pledges to:

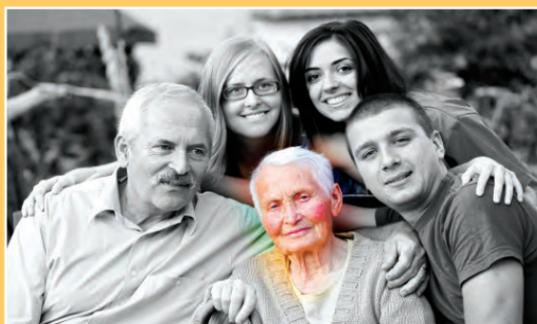
- ◆ *Expand access for our rural and disadvantaged residents*
- ◆ *Expand taxpayer education of all available exemptions*

Valley Assistance Services

Caring for Our Community & Our Neighbors



Stay Healthy Via Televisits during COVID-19 Pandemic:
 SHiM® Fall Prevention
 Going Home with Care (post hospital)
 A Touch That Cares® Care Management
 Neighbors AIM (memory loss)
 Community Centered Approach to Care (wrap around services)
 Comprehensive Services



Stay Vibrant & Active:
 Neighbors Helping Neighbors
 Transportation, friendly visits
 Shopping/Errands/Volunteers
 Sahuarita/Green Valley/
 Tubac Regional
 SASS program senior peer support



Stay Financially Independent:
 Map-A-Plan Program
 Emergency Rental Assistance
 Budgeting & Benefits
 Workforce Training/Job Search
 Resume Writing/Career Building

Our Workforce center is open to the public by appointment M-F: Resume/cover letter writing, mock interviews, and job search assistance by appointment



Valley Assistance Services
 3950 S. Camino del Heroe • Green Valley, AZ 85614
 520-625-5966
www.valleyassistanceservices.org

Caterpillar Continues to Transform in Green Valley

Written by Susan Stein Kregar

Just as the steam engine revolutionized transportation, the steam tractor, invented in 1890 by Benjamin Holt of the Holt Manufacturing Company revolutionized agriculture and infrastructure so farmers could work longer and more efficiently than their horses could muster.

C.L. Best of C. L. Best Tractor Co. focused on early gasoline technology, with the Best 30 Tractor as their trademark product. In 1925 Holt and Best merged their companies to create Caterpillar Co. Their early product line consisted of five tractors, including the Best 30 Tractor.

An exciting five years followed as the company undertook its first new product design, the Model Twenty Track-Type Tractor and acquired Russell Grader Manufacturing Company. Since then, Caterpillar has blossomed into a \$53.8 billion worldwide company, a company that counts Southern Arizona as one of its more than 500 locations.

Celebrating their 95th anniversary, Caterpillar's products and services have helped create infrastructure projects that build and power our modern world.

Caterpillar's presence in Arizona is nothing new. Their Tucson Mining Center, located just west of downtown, opened in March 2019 and is home to global mining activity. In addition to the downtown operation, other facilities 40 miles south have flourished for nearly 75 years. The Tucson Proving Ground (TPG) is located off Caterpillar Trail, several miles west of Green Valley. Its neighbor, Tinaja Hills Demonstration & Learning Center is housed with TPG on a 6,500-acre property. These operational facilities complement the Mining Center and each other, bringing together Caterpillar's global mining teams in a region rich with mining history.

Tinaja Hills Demonstration & Learning Center was designed to provide a first-class facility and staff dedicated to the mining world's ever-changing training needs. Driven by its flexibility, the facility can adapt to the training needs of its vis-

itors, whether it be half-day seminars or week-long training sessions.

Staffed with product demonstrators, instructors, and experienced, professional service and support staff, the modern complex can meet most training needs. There are several demo areas and a comprehensive service training building at the complex.

The Caterpillar Foundation, a separate entity from Caterpillar and CAT was founded in 1952. It has contributed to help improve the



Caterpillar's Dirt Dash benefitting the United Way of Southern Arizona. Photo Credit: Aryanna Frank's Photography via Facebook

lives of people around the world. Focusing on the complementary human, natural and basic services infrastructure needed for individuals to thrive and communities to be resilient, The Caterpillar Foundation's vision is transforming communities to be stronger, more resilient, and more sustainable.

In 2018, TPG and the Mining Center awarded more than \$70,000 in Caterpillar Foundation grants to Southern Arizona organizations such as Youth on Their Own, Our Family Services, and Make Way for Books. They also raised more than \$161,000 for United Way of Southern Arizona.

The Caterpillar Foundation recently committed \$10 million to global COVID-19 response efforts, including \$2.5 million towards a special 2:1 U.S. employee and retiree match. Due to the outpouring of support from their employees and retirees, they reached the match cap in a matter of days. As of press time, the amount allotted for Southern Arizona was not determined.

It is not unusual to see Caterpillar's team members volunteering for local nonprofits. Many serve as board members with Sun Corridor, United Way of Tucson and South-



Caterpillar's Tucson Mining Center. Photo Credit: Aryanna Frank's Photography via Facebook

ern Arizona, Green Valley Food Bank, Junior Achievement of Arizona, and Youth on Their Own. They are also active members of the Metro Tucson Chamber of Commerce and the Green Valley/Sahuarita Chamber of Commerce. Employees volunteer at junior and high schools to help students gain the skills they will need to enter the workforce.

Caterpillar adopted the Duval Mine Roadway as part of caring for and keeping the local environment healthy and beautiful for future generations. Employees from every management level can be found cleaning the road monthly.

Learn more about Caterpillar's historic and modern products, projects, communities, and The CAT Foundation on the Caterpillar Museum Virtual Tour at <https://www.caterpillar.com/en/company/visitors-center.html>.



LONGHORN
GRILL & SALOON
Amado, Arizona

Hours 8am - 8pm
Serving Fabulous steaks all summer long

Introducing Karaoke with Michael Reeves, Friday Nights! 7PM-10PM

Dine in, carry out & curbside available all day

520-398-0700



19th HOLE
Bar & Grille

Live music Fridays 2 - 5pm
Karaoke Saturdays 2-5

We are Open for Dine-In Service
6 am-9 pm Daily

Carryout Meals and Cocktails still Available All Day

520-399-4653

OPEN FOR CARRY OUT AND DINE IN 7:30AM-7PM
SERVING BREAKFAST ALL DAY



Twist & Shout
RETRO
DINER

520-625-3044

Everyone Welcome

Evangelical Free Church
of Green Valley



Leading people into an ever-deepening relationship with Jesus Christ

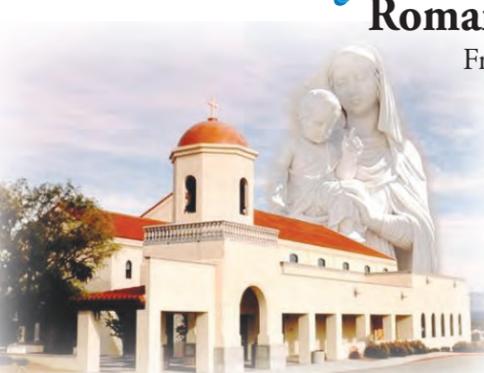
Visit our website for service times
www.efcgreenvalley.org

520-648-6781
West of Camino del Sol
1393 W Mission Twin Buttes Rd

Our Lady of the Valley

Roman Catholic Church

Fr. Francisco R. Maldonado, Pastor
505 N. La Cañada Drive
Green Valley, AZ
520-625-4536
www.olvgv.org



Visit parish website:
www.olvgv.org
to "Sign Up" to attend one of the extended weekend masses and up to date information

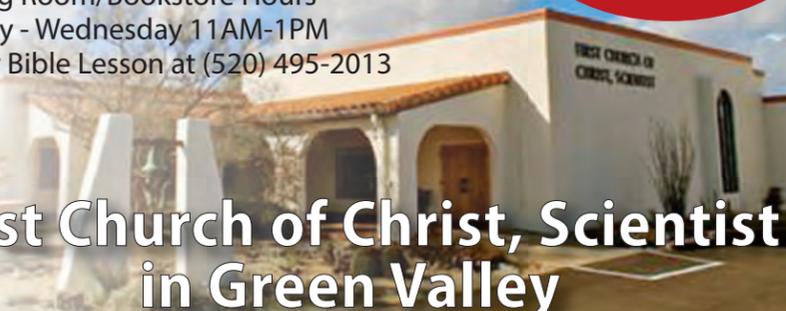
Been away? Welcome back! Come Home Program 625-4536

550 S. La Cañada Drive • Green Valley, Arizona • (520) 625-2776

Sunday Service & Sunday School 10AM
Wednesday Testimony Meeting 5PM
Services by Phone: (520) 448-0095 – Code 778255

Reading Room/Bookstore Hours
Monday - Wednesday 11AM-1PM
Weekly Bible Lesson at (520) 495-2013

Sentinel Watch has inspirational broadcasts changing each week by calling (602) 200-7002 and on www.greenvalleychristianscience.org



First Church of Christ, Scientist in Green Valley



Green Valley BAPTIST CHURCH

John Guillott, Senior Pastor

The Church campus is open for Sunday Morning Worship Service at 10:30 a.m. (Doors open at 10:10 a.m.)
The church will be sanitized and social distancing in place. Masks are not required, but use is encouraged.

Sunday Morning Worship Live Streaming at www.gvbcaz.com

1111 N. La Cañada • Green Valley, AZ.
(520) 625-3600
e-mail: gvbcoffice@gvbcaz.com

Shepherd's Fold Day Care (520) 625-6820

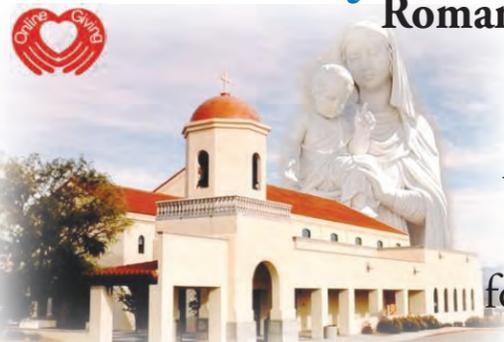


Our Lady of the Valley

Roman Catholic Church

Religious Gift Shop

Visit parish website:
www.olvgv.org
for hours of operation



Located off of the North parking lot near the Holy Family Center entrance.
505 N. La Cañada Drive • Green Valley, AZ • (520) 468-9377

Desert Hills

LUTHERAN CHURCH

CELEBRATING *Grace*, Making Disciples, Making a Difference
We are a Stephen Ministry Church

Worship Services
Please join us online at www.dhlc.org or Facebook

DHLC CORE VALUES
CHRIST CENTERED
WE STAND LEVEL AT THE FOOT OF THE CROSS
EXCELLENT MISTAKES HAPPEN
LAUGHTER LIBERATES
PASSION ON PURPOSE
ONE MORE
COME AND SEE
No Healing and Communion Services at this time
Holy Communion and Healing Services on the second and fourth Saturdays at 4:15 pm & Sundays at 10:30 AM in the Chapel.

2150 S. Camino del Sol, Green Valley • (520) 648-1633 • www.dhlc.org
I-19, exit 63, west to Camino del Sol, south 1.3 miles

Green Valley Jewelers

25-50% OFF
All items in the store

Sell Your Gold Locally – We Can Come To You

- Watch & Clock Repairs
- Custom orders & repairs done by experienced goldsmiths on premises
- Large selection of estate, gold & silver jewelry up to 50% OFF
- FREE Inspections & cleaning of your jewelry

We Buy Gold

"IF WE DON'T HAVE IT, WE WILL GET IT"

31 Years Serving Green Valley with a Jeweler You Can Trust
~~ Ask Your Neighbors ~~

Connie Lamberto, Owner/Goldsmith • Lalia Baisley, Daughter/Goldsmith
Come Visit Us! Continental Mall, 4 doors down from Safeway
(520) 625-0650 • M-F 9 to 4 • Sat 9-3



Lutheran Church of the Risen Savior

together in Christ to Gather His People

Saturday Casual Service 5:00 p.m.
Sunday Worship 9:00 a.m.
Adult Education 10:30 a.m.

S.O.U.L. Lunch 2nd & 4th Thursday
11 a.m. to 12:30 p.m.

Sunday on KGVY1080/101.5FM 8:30am • www.risen-savior.com
555 S. La Cañada Dr • Office Phone 625-2612




medicalnews

This Medical News has been provided by Dr. Sandra Leyo DuPont. She is seeing patients at her new office located at Oasis Dermatology, PC, 1055 N. La Canada Drive, Suite 101, Green Valley, AZ 85614

SKIN CANCER



Skin cancer is the most common malignancy in the United States and accounts for more than a third of new cancer diagnoses in our country. Almost 10,000 Americans are diagnosed with skin cancer each day, and on average, two people die from it every hour. Although there are over *fifty* different types of skin cancer, 99% of cases involve the main three: basal cell carcinoma (BCC), squamous cell carcinoma (SCC), and melanoma.

Basal cell carcinoma (BCC) is the most common form of skin cancer and is the most frequently occurring cancer in the world. There are an estimated four million cases diagnosed in the U.S. each year, accounting for 80% of all skin cancers. BCCs often appear as a pink, pearly bump or scaling patch of skin on sun-exposed areas, especially on the face, neck, shoulders, and back. They sometimes bleed or itch, and commonly act like a sore that “won’t heal.” While BCC can occasionally metastasize (spread to other parts of the body) this fortunately is very rare. Nonetheless, BCC has a tendency to keep growing slowly, and if left for too long it can invade vital structures and cause disfigurement. As such, prompt diagnosis and treatment are important.

Squamous cell carcinoma (SCC) is the second most common form of skin cancer, with more than one million cases diagnosed annually. SCC often appears as a slowly enlarging, scaly or crusty sore, although sometimes it appears quickly as a round, tender bump. Like BCC it also tends to form on sun-exposed skin, such as the face, neck, arms, legs, and hands. When caught early most SCCs are very curable. However, it does occasionally metastasize, and when larger than two centimeters in size has about a 5% chance of spreading to lymph nodes and other parts of the body. The latest research suggests that more than 15,000



people die of cutaneous SCC in the United States each year, which is almost twice as many deaths from melanoma.

Melanoma is often called “the most serious skin cancer” because if not detected early it has a tendency to metastasize. When caught early, however, the 5-year survival rate for melanoma is excellent, approaching 99%. Almost 200,000 cases of melanoma will be diagnosed in the U.S. this year. A person’s risk of melanoma increases with multiple sunburns, particularly when severe or blistering. Melanomas tend to be brown or black in color and about 20-30% of them arise in an existing mole, perhaps one that a person has had for many years, but most simply appear on otherwise normal skin. Early diagnosis and treatment of melanoma is especially critical.

Skin cancers can be treated in many different ways, including surgical excision, Mohs surgery, electrodeiccation and curettage (“scraping and burning”), freezing with liquid nitrogen, radiation, injections, and topical therapy. Each of these methods has pros and cons, as well as varying degrees of success. Mohs surgery is a specialized type of excision in which the doctor uses a microscope to immediately check all the margins (edges) to see if the cancer has been adequately cut out. It has the highest cure rate of any treatment and has the added benefit of being “tissue sparing”, that is, the cancer is removed while leaving as much normal, healthy surrounding skin as possible. Most skin cancer procedures, including Mohs surgery,

are performed in the office using local anesthesia such as lidocaine. It is important to ask your dermatologist to explain the options that might work best for you, including details about risks and benefits.

Regular use of an SPF 30 sunscreen not only helps prevent premature skin aging, it can reduce the risk of developing skin cancer by up to 50%. There are many different brands of effective sunscreen available, and whichever one chooses, it’s important to use it regularly. SPF stands for “Sun Protection Factor” and the higher the number, the more protective. A 30 SPF sunscreen will offer sunburn protection for 30 times longer than if you were to wear no sunscreen at all. “Broad spectrum” on a label indicates that the sunscreen contains ingredients that effectively protect against both UVA and UVB rays, both of which can cause skin cancer. Dermatologists recommend the use of a water re-

sistant, broad-spectrum sunscreen with an SPF of 30 or higher. If you have sensitive skin, mineral-based sunscreens containing zinc oxide and/or titanium dioxide are a good choice.

Early detection of skin cancer starts with you, so if you see something on your skin that is **NEW, CHANGING, UNUSUAL, or NOT HEALING**, call your dermatologist for an evaluation. If you have had significant sun exposure in your life or a personal history of skin cancer an annual dermatologic check may be recommended. Being active outdoors is a key component of our mental and physical health, but it’s important to practice sun safety, especially in Arizona. So, slather on the sunscreen, wear protective clothing (especially a wide-brimmed hat), and avoid outside activity during peak sun hours (10:00 – 3:00 PM) whenever possible.

Educating the Community



Dr. Sandra Leyo DuPont

After taking much of 2019 off to spend time with her family, board-certified dermatologist Sandra Leyo DuPont, MD, has returned to Green Valley to provide comprehensive skin care at her own practice, Oasis Dermatology. She graduated with honors from the University of Virginia School of Medicine and did her Dermatology residency at the University of Arizona. Having more than 23 years of diverse experiences, including family medicine, United States Navy Medical officer, and dermatology, Dr. Sandra Leyo DuPont offers compassionate and thorough medical care for all ages. She strives to deliver the highest quality of healthcare to all of her patients.

Community Coming Together Amid Covid Outbreak

Written by Tabitha Yates

The legendary Fred Rogers quote states, “When I was a boy and I would see scary things in the news, my mother would always say to me, ‘Look for the helpers.’ You will always find people who are willing to help.”

The people of the Sahuarita and Green Valley community has seen helpers rise up in great numbers, during unprecedented times. The generous people of our town have consistently proven to be good friends and neighbors.

Imagine being a child and celebrating your birthday while in quarantine, unable to have a party or gather with friends and family. This was a reality for many during the time in shutdown and some fabulous mem-

bers of the community couldn't bear the thought of residents feeling down and out on their birthday, so Lisa Coons, along with several other special ladies in Sahuarita, organized the Coronavirus Birthday Parades. They created a Facebook group and would collect the addresses and information for people who wished to have a drive by. The requests came pouring in and all who wanted to be involved, would gather at a specific location and then drive past



7th Grade Teachers' Parade



Masks made by Carrie Williams



Masks sewn by church



Birthday Parade. Courtesy of Stephanie Moore



Birthday Parade. Courtesy of Sarah Sawyer Nunez



Stephanie Moore at her birthday parade.



Pastor Sandy Stratton Johnson wearing a mask she sewed

the birthday boy or girl's home-honking horns, giving gifts, and waving signs out of their decorated vehicles. There were over fifty birthday parades during the state wide shut down.

A primary need that emerged during the outbreak, was for face masks for both lay people and health care workers. One organization

her church members, which gave her a sense of purpose. She started with fifty masks and once she had completed those, began making extra's and setting them in a box outside of her church. She then enlisted the help of two other women, Sue Baker and Kristin Miller and together, they have now sewn more than 1,300 masks. Sandy spends 3-6 hours a day sewing and they have used 130 yards of fabric, 1,800 yards of ribbon and 875 yards of elastic!

It wasn't just larger groups however that got involved with mask making, countless individuals flooded stores like Joann's and Cathey's Sew

that rose to the occasion was The Quail Creek Covey, who has sewn and donated over 4,000 masks and donated them everywhere from Santa Cruz Regional Hospital to The National Guard.

United Methodist Church's Pastor, Sandy Stratton Johnson, initially struggled with feeling helpless when the pandemic began. Once guidance was issued that the CDC was going to suggest masks be worn by all, Sandy started sewing masks for

and Vac to get materials to do their part. Carrie Williams started sewing masks with her mom and young Kindergartener and together they were able to donate 100 masks through Operation Tucson PPE. Carries shares, “There is something special about being able to contribute to the greater good.”

Another challenge faced, was the disappointment of high school seniors and their families, when it became apparent there would be no graduation ceremony or parties.



Dianna Borings Villa designed this shirt



Mara Wood Sisk's son

Posada Life Community Services



Posada Life Community Center

A Community Center for all, serving greater Green Valley

The Community Center is home to many local groups in addition to the Senior Lunch Program, a service providing hearty weekday meals for a suggested \$3 donation to those 60 and older who sign up. During the covid stay-at-home warning by the Centers for Disease Control, Community Center staff have been packaging to go meals for pick up or delivering meals to those who prefer not to drive. When we get an "all clear" and it's safe to reopen, the Community Center will be open to the public with a variety of interesting and educational programs, social gatherings, support groups, and community events.

To learn more call 520-393-6840

Adult Day Services

Peace of mind and support for those giving care at home

We know the challenges of caring for a loved one at home. Our program provides a safe and stimulating environment for your loved ones while offering you respite during the day.

- Nutritional meal & snacks • Medication management
- Caregiver support group • Stimulating activities
- Assistance with activities of daily living

To learn more call 520-393-6835



780 S. Park Centre Ave., Green Valley, AZ 85614



Dawnie L. Kildoo, D.D.S., MAGD

Local Resident and Owner
of Legacy Smiles

Georgetown Graduate with
30+ years of Dental Experience

Keeping You Safe and Healthy During Covid-19— New Practices and Protocols at Our Office

To Our Green Valley/Sahuarita Community:

Now that our office has re-opened, we want to give everyone the peace of mind that we are doing everything possible to insure our patient's health and safety.

OUR OFFICE EXCEEDS STANDARDS IN STERIZATION—Our STANDARD sterilization and infection control practices already exceed all state and federal guidelines, including the elimination of all infectious viruses and bacteria...and COVID-19 is no exception.

Please see our website for further detailed information: www.legacysmilesaz.com

Keeping You Safe and Healthy in Our Hygiene & Dental Operatories

- Air Purifiers with HEPA Filters in Each Operatory Cleaning the Room 5 Times an Hour
- 15-Minute Wait Between Procedures to Properly Sanitize Our Operatories
- Each Operatory Is Private with an Extra Room to Separate Patients

More Ways We Protect Your Health

- Plastic Barriers on All Equipment Including Dental Chairs
- Pre-Procedural Rinse to Reduce Bacteria
- Hand Sanitizer Throughout Our Office
- Enhanced Procedures to Reduce Aerosol Production
- Masks Used by All Our Team and Patients
- Hourly "Double-Wiping" of all Surfaces and Restrooms

New Check-In & Check-Out Procedures

- "Park & Call" to Reduce Patient-to-Patient Contact
- Staggering Patient Appointment Times
- Office Entry Restricted Only to Patients
- Check Out & Payment in Your Own Room
- Rescheduling If Sick
- Constant Health Monitoring Our Legacy Dental Team

**VICTORY
OVER
VIRUS**

Your health and safety, and those of my staff, are my utmost concern. Working together, we will push back against the spread of COVID-19 and be the stronger for it.

With deepest regards,
Dr. Dawnie Kildoo and the Legacy Smiles Team

520-625-0131
261 W Duval Road
Green Valley, AZ
legacysmilesaz.com

Community
continued from page 24



Chris Guzman, Adopted Senior

To counteract this upsetting turn of events, Mara Wood Sisk formed a Facebook group called Adopt a Senior. Mara followed other similar groups online and noticed there was not a local one for students in Sahuarita. She asked some friends to help her moderate a group and it took off quickly. They now have close to 1,000 members and to date, all 230 seniors have been “adopted” by local families, who bring them gifts, cards, balloons and otherwise celebrate their achievements. Mara’s son, Aaron, was adopted himself when he graduated from Sahuarita High

School.

Chris Guzman, another graduating senior, felt the frustration of not being able to walk across that stage and receive his diploma. He says upon being adopted, “It was really great and completely mood changing, to realize there were so many people out there that felt our pain and were willing to do anything they could to see a smile on our face for a change.”



Waring Family



Cake by Amy Waring for Community Giveaway

Thank You Teachers!! 7th Grade Parade



One category of essential workers that made tremendous sacrifices were our children’s loving teachers. There are not enough words for how they put their heart and soul into the last few months of the academic year and the extent of which they showed up for their students and families. Small business owner, Amy Waring of Cakes by Amy, typically caters lunch at her daughter’s school for Teacher Appreciation Week. This year, she knew she needed to adapt and find a way to show all the school staff just how valued they are.



Daily giveaway by Cakes by Amy

Amy organized a 7th grade drive through parade to honor her daughter Addison’s teachers and the turn out was amazing. One teacher said it was one of the most memorable events in his teaching career. Amy shares, “There is something special about those 7th grade teachers. They have attended extra events to watch their students on their own time. The level of support the teachers gave the students during the online classes was something to see. There was just no way that we could not honor them.”



Donated cake by Amy Waring

Amy firmly believes in giving back to her community and found a special way to make quarantine birthday’s memorable as well. While she was unable to fulfill her typical orders for events, Mrs. Waring still wanted to stay engaged with her customers. She began offering a daily cupcake give-

away for clients who had birthday’s fall during shut down. She was able to choose not one, but three families each day to receive free cupcakes and cakes and she carried this on for weeks.

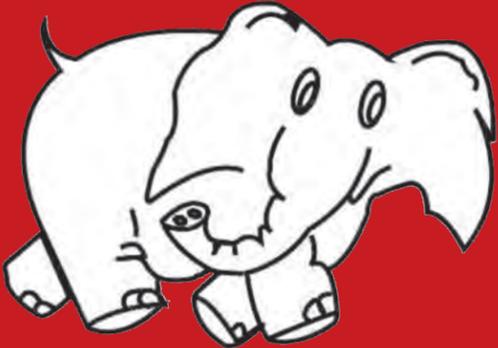
So, while there has certainly been hardship, adjustment and disappointments felt by many residents this year, there has also been courage, light and hope that shined through our community in its most trying times.

Another small business that believes in helping others is Air Maintenance Heating and Cooling. Owners Frank and Nikol Yslas feel very fortunate in regards to how their business has grown and they recently paired with another local business owner to sponsor a community giveaway in Rancho Sahuarita. The Yslas family personally knew many people who were hit hard by the virus. So, they offered a \$100.00 gift card to Fry’s every day for 10 days, hoping to gift families who were struggling to purchase essential items. Nikol shares, “This community has a great support system. The encouragement and support its residents show locally owned and operated businesses is amazing. It was truly a blessing to be able to give back.”





COUNTRY FAIR



WHITE ELEPHANT, INC

The White Elephant Thanks the Community for their support and for holding onto your donations until the store is able to reopen. The store is following the guidelines of the CDC with regard to the virus and will remain closed in support of social distancing. We look forward to seeing our shoppers, donors, and volunteers when we reopen. Thank you!

The White Elephant thanks our Volunteers during this extended shutdown. We hope you are all staying Safe and Healthy.

It takes a special person to give of themselves for the good of others. The Thrift Store could not operate without you and we look forward to seeing you all soon!



United Community Health Center

Dental Care for Kids



We Moved!

Now Located in Building #1 at our Main Campus!
1260 S. Campbell Rd., Green Valley AZ 85614



Check Out Our New Look!

The Dental RV Serves the Continental and Sahuarita School Districts to Provide Comprehensive Dental Services to Kids!

Call Today!
520-407-5617

www.uchcdental.org



Pioneer Health Group
SANTA RITA NURSING and REHABILITATION CAMPUS



GREEN VALLEY'S ONLY LOCALLY OWNED AND OPERATED POST HOSPITALIZATION CARE CAMPUS

Sometimes, you need additional care when recovering from a hospitalization or illness.

Santa Rita ensures an excellent continuum care setting to include physicians, nurses, physical therapy, occupational therapy, speech therapy and much more.

Our team will ensure you get the best care possible assisting you to reach your maximum functional level right here in Green Valley.

- Care settings include:
- Short term rehabilitation
 - Home Health
 - Outpatient Therapy
 - Long term care

If a hospital discharge planner tells you that Santa Rita is full - call Amy Malkin at (520)488-8695

Santa Rita Nursing and Rehabilitation prides itself on excellent service. Rest assured you are in good hands with Santa Rita. Arizona Department of Health gave us an "A" rating upon survey.

We care deeply about the greater Green Valley residents as we live and serve in this community. Notify your hospital physician that upon discharge you choose to recover with Santa Rita, Green Valley's only post-hospitalization care campus.

150 N. La Cañada • Green Valley, AZ 85614
(520) 625-0178 • www.santaritacare.com

This column is provided by the Animal Care Center of Green Valley 555 White House Canyon Rd (520) 625-0433

pettalk



How dangerous are ticks to dogs and cats?

Ticks can be very dangerous for dogs and cats due to their ability to transmit diseases like Lyme disease, Rocky Mountain spotted fever, and tick fever to name a few. Their bites can also cause irritation and inflammation. The same is true for people. Tick-borne diseases can cause severe illness in both people and pets and even death.

How are ticks contracted?

Ticks are generally contracted when dogs or people visit areas where ticks like to “hang out” and wait for a victim. These areas include heavy brush, weeds, heavily wooded areas as well as areas with overhanging trees. Grassy areas can be a hot spot too, especially along the paved areas near that grass. Wood piles, and dog runs can also be nice habitats for ticks. Ticks also hone in on warmth, odors, and carbon dioxide to gravitate to their next possible victim. Small movements in their environment along with the above-mentioned triggers stimulate them to detach from the tree or brush they are holding on to in hopes of landing on their next host for a blood meal.

Are ticks more prevalent at dog parks?

Ticks can certainly be more prevalent at dog parks because of the many daily visitors. All it takes is one female tick that one dog was carrying to lay 3-6000 eggs! Ticks can be transmitted from dog to dog as well, so it is a nice buffet area for them. Just one dog carrying ticks at the dog park can create an infestation in the environment. Since the ticks can be assured that another host will be along soon, it is a perfect place for them to be. We highly encourage year-round flea and tick prevention for all dogs!

How do I know when it's too hot for my dog's feet?

Generally speaking here in AZ, temperatures above 80 degrees F. will create a pavement that is too hot for your dog's feet. A good rule of thumb before you let your pooches' paws touch that pavement or surface you intend to walk them on, is to touch the area with the back part of your bare hand. If it's too hot for your hand, it's too hot for their feet! It's always best to walk them at dusk or dawn for those reasons.

What type of paw protector is good for the summer months?

There are several bootie-type products available for purchase online. Keep in mind that many dogs do not tolerate having anything on their feet and they could be uncomfortable for them. There are also many products that are made of durable neoprene, but neoprene is not very breathable and can get very warm on their feet and create other issues. If you feel the surface you plan on walking on is hot enough to require booties, you probably should not be walking them at that time or on that surface. Most dogs that hike regularly develop rough enough pads that protection is not a necessity, but every dog is different. If you purchase booties, make sure they are not too tight, breathable, and flexible so that your dog does not develop sores or other issues.

How often should my dog or cat drink water and what can help assure they are drinking sufficient amounts?

Your dog or cat, if healthy, will drink the appropriate amount of water that

they need. To ensure that is the case, make sure they have water available at ALL times and in multiple areas so they have that choice. Depending on size, activity, temperature of your home, etc., the frequency as to which they drink will vary. Rest assured, if they are healthy, they will drink what they need as long as it is provided. Cats are often encouraged to drink more by using water fountains with constant water flow.

My dog has a thick coat. Should I trim it during the summer?

Your dog's thick coat also acts as an insulator to keep cooler temperatures near the skin, so shaving the coat is not always a good idea. The coat can also protect them from the sun. Talk with your groomer or veterinarian about your specific pet, but in general shaving thick coats in the summer is not recommended. Some trimming can be appropriate for longer coats.

Should food intake be changed during the summer months?

Just like us, if your pet's activity decreases during the summer months, their food intake should be adjusted as well to avoid having them gain too much weight. In most cases, the activity of pets during the summer is not drastically changed so food adjustment is not always necessary. If their exercise is cut by more than 25%, you should consider decreasing their caloric intake.

Is it safe for my dog to swim in a chlorinated pool?

Several of my dog patients are avid swimmers! It is safe for them to swim in a chlorinated pool as long as they do not drink too much of that water. If your pet has any kind of skin or chronic ear infection issue, talk with your veterinarian about the possible risks of swimming.

What dangers are there for dogs sticking their heads out of a window when traveling in vehicles?

The dangers of having your dog stick their head out of the window while traveling in a car include debris flying into their eyes and nose and creating irritation or trauma. We have also had incidents of dogs jumping out of car windows in moving vehicles to chase bikers, rabbits, and other dogs. When traveling at speeds less than 30 mph with the window halfway up, the risk is lessened of course. Be careful with this activity! Know the risks, know your pet, and act accordingly!



Wag more, purr louder, live better.

From the Sahuarita Food Bank & Community Resource Center: What a Response!

Written by Penny Pestle, Board President SFB-CRC

The Sahuarita Food Bank & Community Resource Center (SFB-CRC) is an essential service, now more than ever. Not only do we realize it, but so does our community which has responded incredibly.

Beginning in late March, the SFB-CRC experienced a huge increase in food bank visitors due to COVID-19. Some weeks, we have been serving twice as many households—those who were furloughed, laid-off or fired. Some are sick and all are hungry.

Our community—Sahuarita, Green Valley, and the surroundings—responded right away. In six weeks, we received over \$100,000 and many food donations from individuals and families. Some checks were small, some were \$1200 (the amount of the government check), but all were so much appreciated. We are fortunate to live in a community like ours where people look out for each other.

The United Way of Tucson and Southern Arizona and the Town of

Sahuarita provided financial assistance without even being asked. And we were able to apply for and receive emergency COVID funding from Tucson, state, and local foundations, including the Greater Green Valley Community Foundation. The final “gift” has been a contingent of 10 National Guard members who have helped distribute food. They have been incredible.

So, in addition to purchasing extra food, equipment, and temporary labor with the donations, we were able to purchase a used 40’ refriger-



ator/freezer to store the extra donated and purchased food. Trico donated electrical equipment and we will be installing solar panels shortly, with the Solar Store donating the permitting costs.

A profound thank you to the many people, families, organizations and funding institutions for helping us feed our community in a time of crisis.

TJ VANDIVER CONSTRUCTION INC. IF YOU WANT YOUR ROOF DONE RIGHT CALL US TODAY!

You can trust a locally owned and operated roofing company out of Sahuarita with over 25 years of experience. A new roof system is a big investment. We are a licensed Arizona roofing contractor that provides top quality roofing service and products to repair or replace your flat roof. We take pride in our workmanship and it shows in every job we complete. We believe it is better to remove and replace troubled roof components than apply yet another band aid.

Low Flat-type roofs are notorious for roof leakage.

Roofs can be damaged due to:

- weathering
- wind damage
- monsoons
- lack of maintenance



Are you in need of a roof inspection? We provide FREE estimates for homeowners for flat roof repairs, full flat roof replacements and maintenance coatings.

Call us today to schedule an estimate!
(520) 603-6718

CROSSWORD

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18				19					20			
		21						22				
	23	24					25			26	27	28
29				30		31	32			33		
34			35			36			37			
38					39				40		41	
42				43					44	45		
		46				47	48					
	49	50				51				52	53	54
55						56				57		
58						59				60		
61						62				63		

CROSSWORD PUZZLE MANIA



Sponsored by La Posada ... Live Well at La Posada

OFFICIAL RULES

Win \$250 for you and \$250 for a local non-profit!
 Entering is easy! Fill out the crossword puzzle and mail to KGVY, Attn: KGVY Puzzle Contest, P.O. Box 767, Green Valley, 85622. Must be postmarked by 9/15/2020

This edition's puzzle is 4TH OF JULY! Green up your bank account when you successfully fill out the KGVY crossword puzzle, and it is chosen as the winning entry from all the correct entries. Include your name, address, and phone number on our form, and mail it to KGVY, Attn: KGVY Puzzle Contest, P.O. Box 767, Green Valley, 85622. All puzzles must be post marked by September 15, 2020. If you win, KGVY will cut you a check for \$250 and a local non-profit of your choice will receive \$250. Here's some additional small print to test your reading glasses.

1) Must be 18 or over (2) Must be a US citizen (3) One entry per person (4) All correct entries will be placed in the KGVY prize box and one winner will be randomly chosen (5) Judges decision final (6) Winners name and likeness may be used in KGVY promotional material (7) Winner is responsible for any state and federal taxes

KGTV OFFICIAL ENTRY FORM

Name: _____

Address: _____

Phone: (____) _____



GET THE GRILLER'S BUNDLE
INTRODUCTORY PRICE: \$79⁹⁹
 4 (5 oz.) Butcher's Cut Filet Mignon
 4 (4 oz.) Boneless Pork Chops
 4 (4 oz.) Omaha Steaks Burgers
 4 (3 oz.) Gourmet Jumbo Franks
 4 (2.8 oz.) Potatoes au Gratin
 4 (4 oz.) Caramel Apple Tartlets
 Omaha Steaks Seasoning Packet
 \$224.99* separately

+ 4 MORE BURGERS FREE
 THAT'S 20 COURSES + SIDES & DESSERT!

ORDER NOW! 1.833.406.1259 ask for 63281KXJ
www.OmahaSteaks.com/family588

*Savings shown over aggregated single item base price. Standard S&H applies. ©2020 Omaha Steaks, Inc. Exp. 10/31/20

© StatePoint Media

4TH OF JULY

ACROSS

1. Begone!
5. Blue
8. Instinctive motive
12. Barbershop supply
13. Cover with asphalt
14. Twist and distort
15. Dismounted
16. Tiny particle
17. Like smell of burning rubber
18. *King of Great Britain when America won independence
20. Same as pleaded
21. "Well-___ machine"
22. *Abigail Adams ___ Smith
23. *Preferred cooking device on the 4th
25. They play dead
29. Tiller's tiller
30. Santa's reindeer
33. Dwarf buffalo
34. Smart ones?
36. "___ the hills and far away"
37. Penicillin holder, e.g.
38. Part of both levorotary and levorotary
39. *Like 4th of July
41. Cholera
42. Egg dishes
44. Actress Close
46. *Jefferson was three and Washington was ___
47. Medal of Honor word
49. Castle material
51. *Roman Candles and Fountains, e.g.
55. Manuscript sheet
56. Dirty money
57. Dire fate
58. Type of wrench

DOWN

59. Charitable contribution
60. Genesis twin
61. Dad's lads
62. General Services Administration
63. Job for a body shop
1. Without a date
2. *American Revolutionary War spy, Nathan
3. Miscellany
4. Type of local tax
5. French composer of "Gymnopédies" fame
6. Steer clear
7. Prefix for half
8. *U. S. personified
9. Steak choice
10. Power system
11. Former times
13. Saffron-flavored rice dish
14. Stares
19. Decorates with gold leaf
22. Negative conjunction
23. Jewish folklore creature
24. "Superman" star
25. Machu Picchu country
26. Remove from Pinterest board
27. Grieve
28. *Many retailers hold one for the 4th of July
29. Sign of a saint
31. * ___ of Liberty
32. Rooster's girlfriend
35. *13 of these at the start
37. Give a green light
39. *What contestants did at Nathan's Hot Dog Eating Contest
40. Ends of shoe laces
43. "___ ___ a high note"
45. What river did to bank
47. Viola da Gamba, pl.

48. Wafting pleasantness

49. Aria, e.g.
50. Comrade in arms
51. *It should never touch ground

52. Official flower of the Kentucky Derby

53. Riddle without solution
54. Obscenity
55. Like The Beatles



KGTV and La Posada congratulates Pat Large of Green Valley for her winning entry of the \$500.00 puzzle that was in the April issue of the Community Quarterly. Pat selected the Animal League of Green Valley as the local non-profit that will receive \$250.00 of the winnings. She and Guy Atchley are practicing social distancing when she received her checks.

WE'RE HIRING!

JOIN OUR TEAM!

At Green Valley Cooling & Heating, we hire, train and promote the best of the best. We are currently looking for qualified applicants to join our team. Visit our website to learn more!

WHY WORK FOR US?

- Competitive Wages
- Consistent Hours Even in the Slow Time
- 401K With Discretionary Contribution
- Annual Profit Sharing
- Tool Purchase Program
- Company Outings
- Educational Assistance Program
- NATE Certification Bonus
- Employee Referral Program
- Paid Personal Time + Paid Sick Time
- Health, Dental & Vision Insurance
- Paid Continuing Education/Training
- Flexible Hours
- Internships

Consider a career with us! For over 50 years, our business has depended on the relationships between our professional team and our clients. We take these relationships very seriously, which is why we have always been able to offer a great employment package for each of our team members.

GREEN VALLEY
 Cooling & Heating

520.625.1234
 GREENVALLEYCOOLING.COM



ROC # 046649 & 077735

DEL NORTE
 DENTAL ASSOCIATES

Welcomes

Dr. Caroline Ogunware



Celebrating with

New Patient Exams & XRays ~ \$29
 Boost In-Office Whitening ~ \$200

520.625.7224

www.delnortedental.com

1930 N. La Cañada, Bldg.1 Green Valley, AZ

Lab tests without a doctor's order or insurance.

With My Lab ReQuest™ from Sonora Quest Laboratories, you can order your own tests. Track your personal health, monitor chronic conditions like diabetes, confidentially order infectious disease screens and much more.

Many tests are just \$45 or less.

View all tests, see prices, and order tests at SonoraQuest.com or visit us at:

1151 South La Canada, #206
Open Monday-Friday, 7 a.m. - 4 p.m.





**Pest-free space
provided by Bill.**

520-625-2381 • billshomeservice.com



BILL'S HOME
SERVICE COMPANY
TERMITE & PEST CONTROL

\$25 OFF
Initial Pest Control Service
Must present this ad. Not valid with any other offer. Expire 09/30/20. KGVY-QTR3

\$50 OFF
Initial Weed Control Service
Must present this ad. Not valid with any other offer. Expire 09/30/20. KGVY-QTR3

\$50 OFF
Liquid Termite Treatment w/ 1-Year Contract
Must present this ad. Not valid with any other offer. Expire 09/30/20. KGVY-QTR3

\$100 OFF
Sentricon System Installation
Must present this ad. Not valid with any other offer. Expire 09/30/20. KGVY-QTR3

Affordable
Hearing Solutions




Hear More, Pay Less!
Ask about our newest High Power and Rechargeable options

Our mission is to provide quality hearing instruments and excellent customer service at affordable prices. We can help you!

FREE pack of batteries for current hearing aid users
New Patients Only. Limit 1 per person.

FREE hearing aid evaluation \$70 value
New Patients Only. Expires 9/30/20

Veteran Owned and Operated

Affordable
Hearing Solutions

(520) 399-3220 
www.greenvalleyhearing.com
170 N. La Cañada Dr, Ste 90
Between GV Fire Station and Santa Rita Care Center 
Lynn Callaway, BC-HIS
(Board Certified in Hearing Instrument Sciences)

CT • MRI • DEXA • X-Ray • Ultrasound
Mammography • Interventional • PET
Choose one of our nine Southern Arizona locations



Photo Credit: Pima County Communications



Radiology Ltd.

WE TAKE CARE OF THOSE **CLOSEST** TO YOU.

Thank you to all our Southern Arizona
Healthcare and Essential Workers

STRONGER TOGETHER

VISIT RADLTD.COM • CALL (520) 733-7226